

SYDNEY GESTALT INTEREST GROUP

21/1/18

Conveners - julie rea and chris wilkinson

IN ATTENDANCE:

Tatiana Faundez, Trish Darke, Ann-Maree Rundle, Carmel Catanuto, Amanda Gruhn, Roy Dowd, Trish Robertson, Lesley Witney, Zan Goodrich and Mike Reed.

APOLOGIES:

Robyn Price, Sofie Glaesel, John Gordon, Ashleigh Power, Martina Palombi, Sally Bore and Sally Brooks

This was the second "gathering" of Gestalt Therapists interested in building the gestalt community in Sydney.

After introducing ourselves, the group was invited to consider "what community is about for them" and to explore the polarity of this. From this ground a wonderful discussion emerged and some future plans and directions were set.

Some Highlights of the Discussion-

- * people were keen to know each other and to gather for support, collaboration, for referrals and to "give back" to the community.
- * many were interested to extend their awareness and practice by hearing about and maybe "work-shopping" participant's OS Gestalt training experiences eg - Mike - Japan; Julie and Chris - Spain.
- * Everyone was keen to move away from the previous structures that are now being handled by PACFA to an interest group concerning "all things" gestalt with a broad-base (non- members of GANZ would also be very welcome), encompassing fluidity, creativity and with space for themes to emerge in a relaxed atmosphere. There was an interest in having FUN together, building relationships, sharing food and making art together. Experiments and smaller group discussions were welcomed and the possibility of PD workshops highlighted.
- * People were interested in travelling to each other's areas as a part of getting to know each other's "hoods".

*it was noted that the next GANZ Conference/Gathering was being held in Sydney in May 2019 with Mike, Gabe, Brenda, Claire and Allen being the 'design committee' and with Ashleigh and Trish being the conveners. There was a suggestion that this Sydney Group would be interested in participating in that larger gathering - the form that would take is yet to emerge.

Small Group Discussion:

The gathering ended with people breaking into small group/getting to know each other conversations. Here some themes emerged - working with transgender clients, working with adolescents.

Resources:

ACON - offers workshops and PD concerning LGBTQI

www.gestalt-ifgt.com for Ruella Franks workshop in Spain this July 18

DECISIONS:

- *Non-GANZ people are welcome to attend the Sydney Gestalt Interest Group.
 - *Non- GANZ people would be encouraged to join if they wished to do so.
 - * That the gatherings happen 4 times per year.
 - * That each gathering have a convener designated for each meeting and that person (s) sets the flavour, theme, location, time and day of the week.
 - * There will be a record of each meeting in the "Fish Book" (donated by Julie and Chris) and this is to be passed onto the next conveners and a report be written for broader circulation issued to GANZ after each meeting of the Interest Group.
- *The next gathering of this Sydney Gestalt Interest Group will be convened by Lesley, Trish and Tish in May 2018