

Brisbane 2019

Trauma Reflections

A workshop with Miriam Taylor

Experience an international presenter and author of the acclaimed book *Trauma Therapy and Clinical Practice: Neuroscience, Gestalt and the Body*

In her two-day workshop Miriam Taylor, experienced Gestalt psychotherapist, trainer and supervisor, provides participants with current theoretical perspectives on trauma and an opportunity for trauma focussed group supervision.

Reflective spaces will be woven through the two days, alternating with short teaching and experiential slots. The embodied presence of the therapist, in awareness of their own history and responses to trauma, will be considered as the key to facilitating growth. Sander's concept of Fields of Mutual Influence forms a theoretical underpinning, together with applications of neuroscience and trauma theory.

Participant Outcomes

- New perspectives on the contexts in which trauma arises and in which recovery is possible
- Ability to differentiate aspects of trauma processes that may have become dissociated
- Ability to apply new theoretical frameworks to clinical thinking
- New resources to support participants' work
- Re-organisation of the relational field in trauma work

Who is the workshop for?

- The workshop is designed for those who are working clinically with complex trauma and in particular often long term clients. It is specifically for those who experience trauma work as challenging personally and/or professionally
- Counsellors and psychotherapists with an interest in and experience of working with trauma, who want to think afresh about the nature of the work and gain insight into the processes that are intrinsic to this work
- Students and interested others are welcome

**Sat & Sun
2 & 3 March 2019
9.30 am–4.30 pm**

Gestalt Therapy Brisbane
28 Prospect Tce, Highgate Hill

\$380/\$350 (GTB students & graduates)

Register online now!



About your presenter

Miriam Taylor is a UKCP registered Gestalt psychotherapist, supervisor and international trainer who has been in private practice since 1995. Her background was in adult education before training as a counsellor and psychotherapist. Working as clinical lead of a young peoples' service pointed her towards specialising in trauma, and for several years she worked in a specialist trauma service.

Miriam's particular interest is in the relational integration of trauma and the role of the body. She teaches in the UK and internationally, has been a trainer, Academic Consultant and examiner for the Metanoia Institute, London, and is on the Leadership Team of Relational Change.