

Welcome to the October 2018 edition of the GANZ Newsletter. In this edition you will find information on:

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## **GESTALT CONFERENCES**

**A DETAILED OVERVIEW OF THE 2019 GATHERING PROGRAM IS NOW AVAILABLE**



**Download:** [GANZ Gathering Program](#) **or visit:** [www.ganzgathering.com.au](http://www.ganzgathering.com.au)

### **EARLY BIRD RATE ENDS OCTOBER 31**

Here is some more detailed information about the GANZ Gathering, especially the theme and program and how these are relevant to you as a Gestalt practitioner.

#### **Theme of the Gathering**

The pursuit of understanding, allowing and living our differences in a spirit of genuine dialogue is a challenge for our times.

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Our world is saturated with devaluing *isms*, undermining *phobias* and multiple associated acts of discrimination. And yet across the globe we are witnessing an increasing number of transformative acts by ordinary people emboldened to challenge widespread prejudices and abuses of power.

The founders of Gestalt therapy transformed the nature and practice of psychotherapy over 60 years ago. And now, in our fragmented and disconnected modern times, from the consulting room to the broader world there are growing calls for humanity to again transform the personal, interpersonal, ecological and socio-political dimensions of our relating, and become more compassionate human beings.

One intention of our Gathering is to broaden our understanding of contemporary constraints to human development and identify the catalysts that energise meaningful change and deeper transformation. And of course, we will identify together what our radical Gestalt tradition has to offer.

#### **How is the theme relevant to Gestalt practitioners?**

Gestalt therapy itself is a transformative process, and the structural flow of the Gathering program reflects the experience cycle applied to the theme, the whole community as well as to personal participation.

Our knowledge of the unified field makes it plain that even though many of us work in small rooms with individuals we are never separate from, nor immune to the influences of our wider world. Just as the human development and evolution we facilitate and witness in our work ripples beyond the boundaries of our work places, so too development that leads to transformation on a social level is beneficial to us all.

The people who engage with us unavoidably suffer from the structures and strategies of dominance and resistance in social relationships associated with class, gender, ethnicity, race, sexual orientation, language, religion, age, nationality and world-regions. These powerful dynamics organise our relationships with ourselves as well as with others and have lasting effects on our minds and societies. Integral to our work as Gestalt practitioners is uncovering, revealing and disclosing strategies of manipulation and legitimation that contribute to prejudice and discrimination on an individual and social level.



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Together as a collective of practitioners, educators, writers, researchers and students, who share a diversity of histories, theories, workplaces and experiences we will explore the challenges that arise from these powerful dynamics through words, art and embodiment, to develop a deeper understanding of how these dynamics and the suffering they cause are transformed into well-being. We will also explore our role in this process.

### **Why come?**

How could you not! Where else are you going to have the opportunity to gather with a group of people who share a passion for the gestalt approach and a desire to become more knowledgeable and skilled practitioners? This Gathering offers a great opportunity to do so, as well as keeping the Gestalt modality alive and relevant within the current regulatory frameworks of psychotherapy and its training/education.

There has never been a better time for us as a community of people interested in health and well-being to grapple with the question: *What constrains, facilitates and energises the needed transformations of our time to happen?*

### **Every person is a potential keynote speaker!**

We have all experienced the usual approach to conferences that relies on a program of presenters and keynote speakers. This time, the organisers are not calling for papers and workshops as in other years. The feedback from the 2017 GANZ Conference was that people wanted more time to create meaningful connections within the community. Our two and half-days together will offer that opportunity, focussing on the Gestalt approach, and what we can learn from others, guided by the theme. The outcomes of our Gathering will also support the ongoing work of the GANZ Council.

To support our dialogue and maximise our participation, in the lead up to the Gathering you will receive a series of pre-conference activities that will guide your inquiry into the theme - ***Catalysts for Transformation: Diversity, inequality, dialogue and .....?*** The intention of these self-directed activities is to warm you up to the theme from your perspective, and to support you to contribute what matters to you in your areas of interest.

### **What will happen in sessions?**

Each of the five three-hour sessions will be facilitated by members of the organising group and will have a specific focus related to the theme of the Gathering.



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Every session will:

- i. begin with a facilitated, novel and evocative experience to stimulate your presence and evoke an aspect of the theme (30 minutes);
- ii. involve a self-organising discovery process with a wide range of formats that allows you to pursue what interests you in ways that relate to your style of learning (90 minutes including break) and;
- iii. conclude with a facilitated creative process to support you to share your personal discoveries and harvest our collective wisdom in the large group (60 minutes). This will be action research at its best!

In addition, our Gathering will be an opportunity to practice the intersubjective arts by honouring difference, encouraging complexity, practicing inclusion and expressing empathy. The aim is for us to further develop and enact the values we wish to live individually and communally.

**Benefits of attending: PD take-aways**

What you can hope to take away from participating in this GANZ Gathering:

1. A more informed understanding of diversity, inequality and dialogue and how these and other dynamics and their polarities can contribute to transform our self-understanding, human relating and social progress
2. A greater appreciation of the untapped revolutionary and evolutionary ideas that are at the heart of the gestalt approach
3. Shared ideas for how to apply a broader understanding of specific contemporary issues in your counselling, psychotherapy, consulting, community and socio-political contexts
4. Enhanced motivation to become a citizen activist in areas of personal interest and professional practice
5. Memories and learnings about relational processes from living and practicing the gestalt approach in a community gathered to explore a range of challenging ideas and have fun together
6. Expanded personal and professional relationships with other participants and members of the GANZ and extended Gestalt community
7. Delight at supporting the development of the GANZ community in its new form and comfort from knowing you share the world with other like-minded seekers of transformation.



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### **What now?**

The facilitation group appreciates that this gathering is different and a challenge. It is designed to be exactly that way - a gathering for this time when a new GANZ is focussed on revitalising gestalt and the professional development of its members, rather than managing regulatory requirements.

Michelle and Barack Obama in the 2016 US Presidential election, when confronted with the forces of estrangement and disenfranchisement gaining traction, encouraged participation. They declared, *"Don't boo – vote!"* We now know that non-participation is costly.

Our GANZ membership has been traditionally passive. Yet, we live in a time when passivity needs to give way to passion. Our catch-cry is *"Don't bow out – come!"* More than ever GANZ needs you to participate, more than ever our world needs compassionate and intelligent practitioners skilled in the art of human relating.

Experimental in design and participatory in nature this Gathering is an opportunity to participate and contribute to the future of Gestalt informed living and practice in our region.

Participation is one catalyst for transformation.

We invite you to come to the 2019 GANZ Gathering and to give expression to your intention by registering now. The early bird rate ends October 31. However, the good news is that the low student rate remains until May.

### **Gathering Facilitation Group**

Mike Reed, Brenda Levien, Alan Meara, Gabe Phillips and Ashleigh Power

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## **GANZ COUNCIL NEWS**

### **Some Reflections following the 2018 GANZ AGM**

On Wednesday 26 September, GANZ held its Annual General Meeting. Because Council Elections are based on a two-year term, the 'between conference' AGM is generally unremarkable, not so this year. Firstly, after a nomination from the floor, Anthony Jones was elected to the position of Vice-President. This completes our Executive, but as Anthony was already filling the role of Membership and Communications (and doing a most excellent job) it leaves something of a hole in



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Council generally. As per the [report](#) I tabled in the meeting, we are continuing to explore ways of better resourcing Council to do the work of supporting and growing GANZ.

But on what is a very encouraging note, we elected a Student Representative. Marc Moskowitz is a welcome addition, and we look forward to building our communication with our gestalt students. We were fortunate to have two other nominations for this position, a rarity for a GANZ election. We really do want to find ways of being responsive to any offers to join with and support GANZ, so will work with Wilhelmina Lyffyt and Nathan Dick to find ways of including them in the work of Council.

As part of general business, a number of small and mostly technical amendments were made to the Constitution. There is more work to be done on this front, but as I noted in my report, Council's resources have been stretched to the limit over this year and so we have this as part of our planned business for the coming twelve months.

Minutes of the AGM are available to members [here](#) and the updated constitution will be available in due course. Please take the time to read the various Council reports that were also tabled:

- [Presidents Report](#)
- [Treasurer's Report](#)
- [NZ & International Report](#)
- [GJANZ Journal Report](#)
- [Research Report](#)
- [Community and Membership Report](#)

They contain important information on the work and life of GANZ and will give you a sense of what is being done to support the development of GANZ, and what is our shared commitment to building a gestalt community.

Following the formal part of the evening, Gabe Philips, on behalf of the organizing group for the [2019 Gathering](#), spoke to those present about the intention of Gathering, laying out in some detail a structure that aims to be both flexible and responsive, but which will engage participants in conversations and working groups on the issues that matter most to them.

We understand that this proposed structure stands in contrast to what might be our more familiar expectations of a conference, and some people have expressed concern about this. But I for one



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feel excited by the possibilities, and after the AGM, followed through on my commitment to support the Gathering by registering.

So I want to urge all of you to do the same, and I ask this for several reasons.

Firstly, the planning of these events takes considerable time, energy, commitment and love... and often significant amounts of money. Financial considerations always weigh heavily, and all the more so on organisations with limited resources. In short, we need the commitment of the community to proceed with confidence. And I know from experience (true for me) that people often intend to register, but leave it till the last minute. Understandable, but always challenging for those organising events.

And that brings me to my second reason. The Early Bird Rate – sensationally cheap at \$345 for GANZ Members – closes soon.

My third reason stands at the heart of why I became a gestalt therapist. Reading through the description of the Gathering, I was reminded of the words of Paul Goodman.

*Our social ways are very unsatisfactory. It is shameful, dangerous, and even unbearable to go as we are. This urgency must inspire us to call a spade a spade and risk touching sore spots. It is in principle impossible to deal seriously with the subjects that must be dealt with without giving offense and rousing resistance*

(P. Goodman, Nature Heals, 1950/1977, p. 89).

It is sobering to realise these words were written over sixty years ago. Our world and our community stands in a perilous position. My hope is that as we gather as a community in 2019, we will find ways of living into the hope expressed by Goodman's, and commit ourselves to change that really matters.

Leanne O'Shea  
President of GANZ  
On behalf of the GANZ Council



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## PEER GROUPS

### Peer Group Contacts

Attached [here](#) are the contact details of people have expressed interest in setting up Gestalt Peer Groups. If you are interested in joining a group, please feel free to contact the person in your area or contact Barbara Churcher on [contact@barbarachurcher.com.au](mailto:contact@barbarachurcher.com.au)

From GANZ's perspective, Peer Groups are run by their members, with GANZ in a supporting role only as needed. Each group may have different formats and focuses, and some are open to new members whereas others are closed, such as when the group is full or has emerged from pre-existing relationships such as a training cohort. It would be great if the groups were open to both GANZ and non-GANZ members. Where the group has some GANZ members, GANZ is able to offer \$200 per group per year to be used in the way the group determines. (Please keep receipts for reimbursement).

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## JOURNAL

The May 2018 edition (Vol 14 No 2) of the Gestalt Journal of Australia and New Zealand is now available and can be downloaded free to members from the GANZ website at <https://www.ganz.org.au/gjanz/>

The editorial picks up on the theme of the 2019 GANZ Community Gathering/Hui: Catalysts for transformation, with an update on progress and the intentions for an innovative process included. We have an interview with Miriam Taylor who will be visiting Australia and New Zealand next year that explores her interest in trauma therapy and other areas.

There is a contribution from Mark Fairfield focussed on leveraging diversity as a way of generating transformative community action. Marie-Anne Chidiac, Sally Denham-Vaughan and Lynda Osborne present a relational matrix model for supervision, that includes clinical,

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coaching and organisational settings.

Anthony Jones' exploration of ways to engage with clients around their patterns in relationship represents an example of practice based research that also includes reflection on the therapeutic relationship. Leanne O'Shea also addresses the value of reflection, in this case through the process of writing, and offers support for members and others who may be interested in participating in writing groups or workshops.

Happy reading, and please consider how you could contribute your ideas and experiences to the community.

Alan Meara  
Editor, GANZ Journal  
Contact email: [ozgjeditor@ganz.org.au](mailto:ozgjeditor@ganz.org.au)

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## RESEARCH

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### The Phenomenological Experience of Relationality in Gestalt Therapy

Dr. Dominic Hosemans (UK), has requested participation in his research, which is funded by New Gestalt Voices and the Relational Centre. **If you are interested in participating, please contact [dominic.hosemans@gmail.com](mailto:dominic.hosemans@gmail.com)**

#### *Background & Research Aim*

Relationality within gestalt therapy arises from the depth of contact between the client and therapist. Relationality is experienced as the in-between, where being in relationship with the other expands one's horizon upon the field (Yontef, 1993). Such a process is bi-directional, with the therapist also changing as a result of contact. Relationality is additionally a dance between I-thou and I-it, allowing contact to deepen on each osculation between the two - facilitating introjection of the containing other (Mackewn, 1997). However, the experience of relationality within the gestalt literature is primarily discussed in terms of a theoretical understanding based on one's experience. As such, the phenomenological experience of relationality itself has never described at length. Thus, the current study aims to understand the themes underlying the phenomenological felt-sense of relationality according to clients of gestalt therapy.

#### *Project Description*

The current study will concentrate on recruiting between six and eight individuals who have undergone at least 50 sessions of gestalt therapy.

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Interviews will be organised at a time and place, including online, convenient for the individual. Individuals interested in participating will be asked to contact the primary researcher, who will provide an Explanatory Statement that describes the boundaries of the interview. Individuals will be informed that confidentiality and anonymity is assured, with only pseudonyms used throughout the write-up of the article. Individuals will additionally be informed that the session is not therapy, but an interview on the therapy process especially in terms of relationality. Upon being adequately informed, individuals will be asked to sign a consent form, where the interview will be recorded and then transcribed verbatim. The project will involve between six to eight interviews, each with an approximate duration of 45 minutes to one hour, which will concern attempting to understand the phenomenological experience of relationality from the perspective of the client. Individuals will have an opportunity subsequent to the transcription to read through the interview, in which they can request to have anything removed or added.

#### *Significance and Implications*

The current study has both clinical and theoretical implications. Primarily, the study has the potential to flesh out the current theoretical understanding of relationality with the client's felt-sense of this experience. The extension of the field's horizon in this area will also hopefully facilitate gestalt practitioners in acknowledging moments of strong relationality as well as being able to reflect this back to the clients when particular relationality themes are discussed. Furthermore, the themes identified can additionally be used to form the foundation for a psychometric scale assessing the strength of relationality within the gestalt therapeutic setting.

#### *Interview Schedule*

Each of the participants will be asked for following, with further prompts used to help the individuals elaborate on their responses:

1. What does it mean to be in relationship in the context of gestalt therapy?
  2. What are your thoughts/feelings that you associate when you think of relationality?
  - 3a. How would you describe the process of relationality from your point of view as a client?
  - 3b. How would you describe the process of relationality from what you perceive the therapist experiences? If consistent/inconsistent with previous – what is it about the client/therapist dynamic that you believe makes this so?
  4. What does emotional contact in gestalt therapy mean to you?
  5. What is your embodied experience of being in relationship within gestalt therapy?
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## Gestalt Research Conference

The [Gestalt Research Conference](#) will take place **from 29th May to 1st June 2019** at the Universidad Central de Chile, Santiago, Chile. The most renowned contemporary researchers and practitioners of psychotherapy have already confirmed their participation – among them **Prof. Michael Lambert, Prof. Clara Hill, Prof. Mariane Krause** confirmed their presence as keynote speakers.

*Michael Lambert, PhD – His research spans 30 years and has emphasized psychotherapy outcome, process and the measurement of change. He has edited, authored, or co-authored nine academic research based books, and 40 book chapters, while publishing over 150 scientific articles on treatment outcomes. He also has been in private practice as a psychotherapist throughout his career.*

*Clara Hill, PhD – Her major research interests are helping skills, psychotherapy process and outcome, training therapists, dream work, qualitative research, and meaning in life. She has published over 220 journal articles, over 65 chapters in books, and 14 books (including *Helping Skills, Dream Work in Therapy, Insight in Psychotherapy, Transformation in Psychotherapy, Consensual Qualitative Research, and Meaning in Life*).*

*Mariane Krause, PhD – Her areas of research are change processes in psychotherapy, depression, and the interaction between sociocultural and mental health conditions. She has led several research projects in these areas, with funding from the Millennium Scientific Initiative of the Ministry of Economy, Development, and Tourism, the National Committee of Scientific and Technological Research, and the United Nations Development Program.*

This is **wonderful opportunity for ALL who are interested in Gestalt therapy and psychotherapy and research**. Also for those who are looking for **networking possibilities and inspiration**. And of course for young and experienced researchers who are warmly welcome to present their projects or initiate new ones. **The early bird fee is 300 USD.**

And last but not least this conference is in line with the three previous ones held in Cape Cod (2013, 2015) and Paris (2017) sponsored by AAGT, GISC and EAGT, and also with the educational seminar “Research in Gestalt Therapy. Introducing research methods to Gestalt practitioners” organized in 2014 by EAGT.

Deadline for submissions is October 31 <http://www.congresogestalt.cl/index.php/en/program-papers/call-papers>

For more information please see [Gestalt Research Conference](#)  
Hope you can make it!  
Madeleine Fogarty



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## PROFESSIONAL DEVELOPMENT OPPORTUNITIES

*Disclaimer: Sharing of information relating to Gestalt Therapy is offered to GANZ members as a service for members, and does not imply endorsement of the information by GANZ.*

October 2018

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### **19-21 Oct 2018      Workshop / retreat - Mindful Relationships**

Dr Ron Alexander is an expert in integrating somatic psychotherapy and Eastern wisdom traditions focusing on the resolution of trauma, negative thought patterns and painful emotions by creating communication between the unconscious and the aware self. He is a clinical trainer who leads professional training throughout the world. He is also a Gestalt therapist who specialises in relational dialogical approaches and has developed his own unique method of working and is going to share that with us - to be used personally or with clients – to create mindful relationships.

This 2 day workshop will be held in Mullumbimby and will include a mixture of experience, theory and skills development to access your creativity and resources when recognising and treating body symptoms and mood disorders. We will learn how to access the unconscious and promote its healing with mindfulness and metaphors and to use positive psychology techniques to develop optimal states of wellness.

A PD certificate will be issued on request for 14 hours of training. The retreat will be held on 19 to 21 October at Anahata Waters, 859 Wilsons Creek Road, Wilsons Creek, NSW

For more information please see the [flyer](#) or contact Rhonda Gibson Long on 02-66840095 or [Rhonda@gestaltsydney.com](mailto:Rhonda@gestaltsydney.com). This retreat has residential and non-residential rates plus early bird if payment before July 31

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**24 Oct 2018 Gestalt Project Seminars: Fat is a Therapeutic Issue**  
**Presented by Leanne O'Shea.**

Gestalt Project Seminars are held at GTA and bring together students, graduates and gestalt practitioners from around Melbourne and begin with a gathering at 5.45pm accompanied by food and wine, followed by the presentation which runs from 6.30 to 8.30pm.

Leanne is an experienced therapist, supervisor and educator and long term faculty member at GTA. This seminar will discuss three potential struggles that therapists face in working with overweight clients.

The cost remains \$25 and bookings are via [www.trybooking.com/322410](http://www.trybooking.com/322410).

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**26 -28 Oct 2018 Systemic/Structural/Family Constellation Training**

The course provides the participant with an experiential, educational and theoretical background of systemic constellation work and blends it with the principles and practice of Gestalt therapy.

Please see the [2018 Systemic Structural Family Constellation Training Flyer](#) for more information

For a more detailed Course Outline & Application Form contact Maria Dolenc.

T: 02 8021 2177

M: 0425 277 279

E: [maria@mariadolenc.com.au](mailto:maria@mariadolenc.com.au)

W: [www.mariadolenc.com.au](http://www.mariadolenc.com.au)

For more information about Systemic Constellation work:

[www.family-constellations.org](http://www.family-constellations.org)

[www.constellationflow.com](http://www.constellationflow.com)

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**November 2018**

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**2-4 November 2018: Depth Enquiry with Amanda Gruhn**

Amanda Gruhn is pleased to announce her next Depth Enquiry Workshop, to be held in November 2018. Amanda has developed Depth Enquiry over a period of 6 years, following her own training in EMDR in 2011 and her experiences of using EMDR with clients. She realised that she could take her clients deeper and could provide them with faster, more lasting changes by incorporating Gestalt



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understandings into the process.

This three day experiential workshop involves theory, demonstrations, practice, feedback and supervision. An extensive manual will be provided.

Cost: **\$850** (\$871.25 by PayPal).

[Find out more about the Workshop](#)

[More on Depth Enquiry](#)

[Amanda's Profile](#)

Contact Amanda: [algruhn@gmail.com](mailto:algruhn@gmail.com) Tel: 0422 978 367

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## March 2019

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**2 – 3 March 2019**      **Trauma Reflections**  
**Presenter: Miriam Taylor**

Experience an international presenter and author of the acclaimed book *Trauma Therapy and Clinical Practice: Neuroscience, Gestalt and the Body*.

In her two-day workshop Miriam Taylor, experienced Gestalt psychotherapist, trainer and supervisor, provides participants with current theoretical perspectives on trauma and an opportunity for trauma focused group supervision. Reflective spaces will be woven through the two days, alternating with short teaching and experiential slots. The embodied presence of the therapist, in awareness of their own history and responses to trauma, will be considered as the key to facilitating growth. Sander's concept of Fields of Mutual Influence forms a theoretical underpinning, together with applications of neuroscience and trauma theory.

For more information please see [GTB - Miriam Taylor Workshop](#)

**Location:** Gestalt Therapy Brisbane  
28 Prospect Tce, Highgate Hill, Q4101

**Contact:** Tina on 07 38444204 or [contact@gestalttherapybrisbane.qld.edu.au](mailto:contact@gestalttherapybrisbane.qld.edu.au)

**Web:** <http://www.gestalttherapybrisbane.qld.edu.au/workshop-miriam-taylor-march-2019>

**Cost:** **\$380/\$350 (GTB students/graduates)**

**Register online now!**

Tea and coffee will be provided. Please bring your own lunch. There are several cafes in the area.

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All day street parking is available on weekends. Southbank station is only a 10 minutes walk from GTB.

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## **20 - 24 March 2019      Replenish, Soulful Retreats for Therapists**

As therapists we are constantly holding space for others. This may have an effect on our overall well-being. Replenish Retreat provides the opportunity to care for your own needs.

This retreat is all about nourishing you. With daily yoga, meditation, scrumptious food, massages and spending time in nature, at the beautiful Noonaweena Resort on the Central Coast.

Meet other like-minded people, share your experiences and make new friends or business associates.

There is more to be gained attending the Replenish Retreat. You will attain 20 OPD/CPD points.

We are excited to have Phil Oldfield, previous Director Sydney Gestalt Institute, Gestalt Trainer since 1986 and Founding member of GANZ as one of our guest facilitators presenting on Mindfulness and Gestalt Therapy.

AND you will gain a Foundation Certificate in [Resource Therapy](#), facilitated by Tamika Dwight-Scott Clinical Resource Therapist and Trainer, Master of Gestalt Psychotherapy, Clinical Hypnotherapist, Group Facilitator and Supervisor, Facilitator at Petrea King's Quest for Life

(Foundation Certificate cost is usually \$500.00, but included at no extra charge as part of your retreat attendance)

Give yourself the gift of time away from life's demands. Recharge, take stock and make changes to enrich your life.

For more information: [Replenish retreat flyer](#)

**Location:** Noonaweena Resort  
1442 George Downes Drive, Kulnura, NSW, 2250

**Contact:** Tamika Dwight-Scott on 0404884257 or [innapeace@iinet.net.au](mailto:innapeace@iinet.net.au)

**Web:** <https://www.replenishretreats.com.au/>

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**29 – 31 March 2019      Systemic/Structural/Family Constellation Training**

This course provides the participant with an experiential, educational and theoretical background of systemic constellation work and blends it with the principles and practice of Gestalt therapy.

Please see the [2019 Systemic Structural Family Constellation Training Flyer](#) for more information

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**Jul 2019**

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**5-7 Jul 2019      Systemic/Structural/Family Constellation Training**

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August 2019

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**24-25 August 2019/14-15 September 2019/26-27 October 2019**

**Advanced Training in Supervision Theory & Practice – A relational & experiential process**

**Presenters: Greer White, Leila Davis, Tine Mueller**

This exciting and newly developed training program provides participants with 39 hours of direct face to face supervision training within a training group over three weekends. This experiential learning will allow participants to enhance their practice of individual and group supervision within a supportive environment. Successful participants will be able to apply to be listed as an accredited supervisor on the PACFA National Register.

The teaching offered will draw on the theory and practice of supervision. It will include principles of the Gestalt Therapy method in the supervisory setting: field sensitivity, relational dialogue, experimentation and here and now attention. Learning will take place face to face, through the facilitation of incremental learning experience and experimentation, seminar-based discussions, and through collaborative and cooperative learning with facilitator and peer interaction. For more information please see [GTB Supervision Workshop flyer](#)

**Location:** Gestalt Therapy Brisbane

28 Prospect Tce, Highgate Hill, Q4101

**Contact:** Tina on 07 38444204 or [contact@gestalttherapybrisbane.qld.edu.au](mailto:contact@gestalttherapybrisbane.qld.edu.au)

**Web:** <http://www.gestalttherapybrisbane.qld.edu.au/workshop-advanced-training-in-supervision>

**Cost:** \$2,400/\$2,200 (GTB students/graduates)

**Who is the workshop for?**

- Psychotherapists, counsellors, social workers, psychologists, mental health workers, occupational therapists, HR managers, leadership coaches etc.
- Training is suitable and relevant for clinicians of diverse therapeutic approaches and professionals in fields not related to psychotherapy
- A professional qualification is expected and five years of experience in a relevant field.

**Apply online now!**

Tea and coffee will be provided. Please bring your own lunch. There are several cafes in the area.

All day street parking is available over the weekends.

Southbank station is only a 10 minutes walk from GTB.

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## September 2019

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### **27 – 29 Sep 2019      Systemic/Structural/Family Constellation Training**

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[www.constellationflow.com](http://www.constellationflow.com)

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## November 2019

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### **8 – 10 November 2019      Systemic/Structural/Family Constellation Training**

This course provides the participant with an experiential, educational and theoretical background of systemic constellation work and blends it with the principles and practice of Gestalt therapy.

Please see the [2019 Systemic Structural Family Constellation Training Flyer](#) for more information

For a more detailed Course Outline & Application Form contact Maria Dolenc.

T: 02 8021 2177

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W: [www.mariadolenc.com.au](http://www.mariadolenc.com.au)

For more information about Systemic Constellation work: [www.family-constellations.org](http://www.family-constellations.org)

[www.constellationflow.com](http://www.constellationflow.com)

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**18-23 November 2019 Summer residential - Istituto di Gestalt Italy in Byron Bay -  
*Contemporary Gestalt thought and practice next to the ocean!***

**With Dr. Margherita Spagnuolo Lobb**

Margherita Spagnuolo Lobb brings her well received 1-week summer residential straight from Italy to Tallows Beach Retreat Centre between the Teatree Lake and the Pacific Ocean!

One of the most important and often forgotten issues for psychotherapists is to take care of oneself and to give oneself time and space to breathe, concentrate, to be able to accept the support of someone else.

This summer retreat and professional development program will offer you the possibility to work on yourself, while being updated on contemporary Gestalt therapy theory and to reflect on the application of Gestalt therapy principles to today`s clinical problems.

And of course – to have good food, swim in the Pacific Ocean off Byron Bay, be together and visit the stunning surrounding area!

**What will be offered**

- Opportunities for personal work within a supportive group environment
- Update on new developments in Gestalt Therapy theory and practice
- Opportunities for participants`to reflect on their own clinical practice
- Peer support
- Beautiful accommodation and environment to enjoy
- Time for walks on the beach
- Tasty vegan food prepared by popular chef Anthea
- opportunities to socialise

For more information: [GTB Flyer: Margherita workshop Byron Bay](#)

**Location:** Tallows Beach Houses Byron Bay

**Contact:** Tina on 07 38444204 or [contact@gestalttherapybrisbane.qld.edu.au](mailto:contact@gestalttherapybrisbane.qld.edu.au)

**Web:** <http://www.gestalttherapybrisbane.qld.edu.au/workshop-margherita-at-byron-bay-nov-2019>

**Cost:** \$1850 (Early bird ends 27 July 2019)

\$2,200 \*standard registration \*payment plans available for standard registration

Included:

- Twin share accommodation at Tallows Beach Houses
- Food

**Register online now!**