

Welcome to the September 2018 edition of the GANZ Newsletter. In this edition you will find information on:

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GESTALT CONFERENCES

12th GANZ Community Gathering/Hui: Update

Program News: Professional development from the ground up!

The gathering facilitation group has been developing the flow or storyline that underpins the flexible and participative nature of the program for this gathering. While the structure and process of the gathering differs from other GANZ conferences our time together in each of the five sessions will be loaded with valuable insights and outcomes for your professional

development. Across the three days you will be able to choose and self-organise into discovery groups that reflect what interests you and your style of learning.

We have all experienced the usual approach to a conference with a program of presenters and keynote speakers. This time the organisers are not calling for papers and workshops as in other years. In the lead up to the gathering you will receive a series of pre-conference activities that will invite reflection on the theme - **Catalysts for Transformation: Diversity, inequality, dialogue and?** The intention is to facilitate and allow everyone attending to be both a presenter and a participant.



Drawing on the ‘radical’ political foundations of Gestalt therapy, the program design will invite everyone present to move from appreciating our ground as individuals and a community to supporting taking actions in areas of interest in our personal lives, professional practice, local communities and the wider world. The following graphic will give you a sense of the flow and content of the various sessions.



While the content and process of the program for our time together is emergent, the flow of the gathering and the focus and timing for each session is as follows:

- Friday** Welcome to country
 The ground on which we stand: *Gathering together*
 Personal stories of transformation: *Me and us – individual and community*
- Saturday** The treasures in our stories: *Uncovering catalysts for transformation*
 Grappling with dilemmas: *Catalysts for delivering transformation on the ground*
- Sunday** Actions in the field: *Engaging with our interests*
 Every story is us – every action is ours: *Going forward together*

More detail on the processes, pre-conference activities and options for participation within each phase of the gathering will be offered soon.



Experimental in design and participatory in nature this event is an unambiguous invitation to participate and contribute to the future of Gestalt informed living and practice in our region.

The Early Bird rate availability has been extended to 15th October. We still encourage you to register at www.ganzgathering.com.au and book your accommodation as soon as possible. Attending this unique and novel event, a conference with a twist, at a crucial time in the life of GANZ promises to be a stimulating personal and professional development experience. Too good to miss!

Gathering Facilitation Group

Mike Reed, Brenda Levien, Alan Meara, Gabe Phillips and Ashleigh Power

GANZ COUNCIL NEWS

AGM

This communication is the formal notice of the 2018 GANZ AGM and contains the plan for the night. The GANZ AGM is also an opportunity to connect with other GANZ members and contribute to the Gestalt Community.

Time, Date and Location

The AGM will be held from **6-8 pm AEST (8-10 pm NZST) on Wed 19 Sep** at Gestalt Therapy Australia, 333 Heidelberg Rd, Northcote, Melbourne

Instructions for attending online

For the first time, GANZ Members are welcome to join the meeting online via Zoom. For details of how to join online, please go to <https://www.ganz.org.au/ganz-2018-agm-information/> and login to the members area

This link will be open from Sep 19, 2018 5:45 PM AEST (7:45 pm NZST) and if you are planning on joining online it is recommended that you try to join before 6 pm AEST (8 pm NZST) in case there are technology problems

Agenda

In summary the agenda for the night involves hearing about the activities GANZ has been involved in over the year, voting on resolutions (if any), and conducting elections for council positions. There will also be an update on the **2019 GANZ Conference** from Gabe Phillips, and opportunity for open dialogue with the Council members. If you would like to submit questions in advance to the



Council, about any matter that you feel is important to the Gestalt Community, please email Barbara Churcher on contact@barbarachurcher.com.au before 5/9/18 so Council can be better able to respond.

Detailed agenda and Minutes of the 2017 AGM can be viewed in the members area <https://www.ganz.org.au/ganz-2018-agm-information/>

Elections

At the AGM, elections will be held for the Student Representative and Vice President positions. Click here for detailed [voting instructions](#)

Student Representative

To date there have been three nominations for the Student representative position:

- **Nathan Dick**
- **Wilhelmina Lyffyt**
- **Marc Moskowitz**

Their bios and expressions of interest are attached [here](#)

Vice President

To date there have been no nominations for Vice President Position, and there is still time to express your interest in the role. Nominations may also come from the floor at the meeting. While we are looking to fill the VP role, in reality, what we need is not so much someone to step into the job description of VP as it has formerly been described, but someone who will join Council and help to ease the load we are carrying. The resignations that occurred so soon after last year's AGM have left us somewhat depleted, and it would be wonderful to have not only an additional voice and perspective, but someone who can help with some of the tasks necessary to running GANZ.

The Vice President would hold the position for 2 years, and would hold registration with an accreditation body.

If you have any interest, please contact Leanne on 0413-208-767 or leanne@gestalt.com.au to discuss what might be possible. (Please note I will be away for 2 weeks from the 22-Aug-18).

Resolutions

Other the standard resolutions to accept the President, Treasurers, and Auditor's reports, and to appoint Auditors for the coming financial year, to date no other resolutions have been submitted. If you would like to submit a resolution to the AGM, please complete the [Proposal for AGM resolutions](#) and return it to the Secretary, Barbara Churcher at contact@barbarachurcher.com.au before 5/9/18 at the latest. We would like to have discussed your resolutions with you prior to this so please get your proposals to Barbara ASAP.



Resolutions may arise from the floor at the AGM.

Proxy voting

If you cannot go to the meeting or online you will support a better GANZ if you nominate another member to act as your proxy at the AGM. Instructions for proxy voting are [here](#) and the proxy form is [here](#).

We would love to see you there – in person or online. If you have any questions please contact ganz.membership@gmail.com

Please RVSP by sending an email with your name to contact@ganz.org.au

Regards
The GANZ Council

PEER GROUPS

Sydney Gestalt Interest Group – Community Gathering

The Sydney Gestalt Interest Group would like to invite you to their next community gathering on Friday 5th October.

Please join us for a FUN evening of community, conversation, contact and exploration

For more information please see the [flyer](#)

Both GANZ members and non-members welcome

Please RSVP by via text before Fri 28th Sept to Martina Palombi 0423 184 955

Would be great to see you there

The Sydney Gestalt Interest Group

Peer Group Contacts

Attached [here](#) are the contact details of people have expressed interest in setting up Gestalt Peer Groups in other areas. If you are interested in joining a group, please feel free to contact the person in your area.



From GANZ's perspective, Peer Groups are run by their members, with GANZ in a supporting role only as needed. Each group may have different formats and focuses, and some are open to new members whereas others are closed, such as when the group is full or has emerged from pre-existing relationships such as a training cohort. It would be great if the groups were open to both GANZ and non-GANZ members. Where the group has some GANZ members, GANZ is able to offer \$200 per group per year to be used in the way the group determines. (Please keep receipts for reimbursement).

Any questions, please sing out!
Regards Anthony
0409-543-341
On behalf of the GANZ Council

JOURNAL

I am pleased to announce that the May 2018 edition (Vol 14 No 2) of the Gestalt Journal of Australia and New Zealand is now available and can be downloaded free to members from the GANZ website at <https://www.ganz.org.au/gjanz/>

The editorial picks up on the theme of the 2019 GANZ Community Gathering/Hui: Catalysts for transformation, with an update on progress and the intentions for an innovative process included. We have an interview with Miriam Taylor who will be visiting Australia and New Zealand next year that explores her interest in trauma therapy and other areas.

There is a contribution from Mark Fairfield focussed on leveraging diversity as a way of generating transformative community action. Marie-Anne Chidiac, Sally Denham-Vaughan and Lynda Osborne present a relational matrix model for supervision, that includes clinical, coaching and organisational settings.

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The relational matrix model of supervision: Context, framing and inter-connection Marie-Anne Chidiac, Sally Denham-Vaughan and Lynda Osborne	45
How am I with you? Searching for a collaborative way to describe relational patterns with clients. Anthony Jones	65
On writing and the art of reflective practice Leanne O'Shea	83
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Anthony Jones' exploration of ways to engage with clients around their patterns in relationship represents an example of practice based research that also includes reflection on the therapeutic relationship. Leanne O'Shea also addresses the value of reflection, in this case through the process of writing, and offers support for members and others who may be interested in participating in writing groups or workshops.

Happy reading, and please consider how you could contribute your ideas and experiences to the community.

Alan Meara
Editor, GANZ Journal
Contact email: ozgjeditor@ganz.org.au

RESEARCH

Gestalt Research Conference

The next Gestalt Research Conference will be held in Santiago, Chile in June 2019.

The key note speakers are all well known and respected researchers, and the conference is hoping to have 400 attendees. Mariana Krause is one of the key-note speakers and she is also president elect for the Society for Psychotherapy Research, so there is a great opportunity for networking and collaborations between Gestalt Therapy and the wider Psychotherapy research community.

For more information, please see [Gestalt Research Conference](#)

Madeleine Fogarty
On behalf of the GANZ Council



PROFESSIONAL DEVELOPMENT OPPORTUNITIES

Disclaimer: Sharing of information relating to Gestalt Therapy is offered to GANZ members as a service for members, and does not imply endorsement of the information by GANZ.

September 2018

13 – 16 Sep 2018 Realising Your Promise workshop & retreat

This retreat is for those who are seeking deeper connection with themselves and others, to be well met and held in nourishing therapeutic embrace. In an environment of loving care and peer support you can attend to your needs, challenge your growing edges, recognize your value and reaffirm your strengths. We need to feel we are going into the unknown with wise, exuberant fellow travellers to open ourselves to life and the emerging future.

The retreat will be held on: 6pm Thursday 13 - 3pm Sunday 16 September

At: Anahata Waters 859 Wilsons Creek Road, Mullumbimby, NSW 2482

For more information please see the [flyer](#) or contact Rhonda Gibson Long on 02-66840095 or Rhonda@gestaltsydney.com

October 2018

6 – 7 Oct 2018 Two day Gestalt Experiential Workshop

This workshop is based on the Paradoxical Theory of Change: "Change occurs when one becomes what he is, not when he tries to become what he is not"

For more information: <https://www.ganz.org.au/event/gestalt-experiential-workshop/>

Or contact:

Maria Dolenc 0425 277 279

Irene Dungey 0458 529 333



6-13 Oct 2018 Opening to Life Bali Retreat - Gestalt Group Process

This seven day Bali retreat will nourish both you and your practice. Learn Gestalt group skills while also working on your own wellness. There will be daily small group experiential learning supported by morning yoga. You will become more skilled in reflection, resonance and building awareness using the body as a valuable source of information. Gestalt group skills will be demonstrated, with a focus on phenomenology, experimentation, dialogue and field theory.

This method is dynamic, present centred, energising and transformational. Teaching will also incorporate the chakra system.

Retreat includes 14 hours CPD, accommodation, breakfast and airport pickup on arrival. For more information please see the [flyer](#) or contact Leila Davis Psychotherapy on contact@leiladavis.com.au or 0424775564.

12 Oct 2018 Mind Mood and Happiness: Transforming the Self Presenter: Dr Ronald Alexander

In this unique, one-day experiential professional development workshop, international presenter, experienced psychotherapist, author and leadership coach Dr. Ronald Alexander provides a rare opportunity to explore how people can learn to change their thinking and behaviour in ways that enhance happiness and resiliency

Dr. Ronald Alexander`s teaching draws on his extensive knowledge of modern psychotherapeutic methods such as Gestalt therapy, positive psychology, somatic experiencing, neuroscience as well as his understanding and practice of Eastern wisdom teachings reaching back 2,500 years.

For more information please see [Ron Alexander at GTB flyer](#)

Location: Gestalt Therapy Brisbane

28 Prospect Tce, Highgate Hill, Q4101

Contact: Tina on 07 38444204 or contact@gestalttherapybrisbane.qld.edu.au

Web: <http://www.gestalttherapybrisbane.qld.edu.au/workshop-ron-alexander-october-2018>

Cost: \$195/\$175 (GTB students/graduates)

Apply online now!

Tea and coffee will be provided. Please bring your own lunch. There are several cafes in the area. Street parking is only available for up to 2hrs on Prospect Tce. For all day parking, park outside the 2hr parking zone. You will find a map on the Brisbane City council website. Southbank station is only a 10 minutes walk from GTB.



19-21 Oct 2018 Workshop / retreat - Mindful Relationships

Dr Ron Alexander is an expert in integrating somatic psychotherapy and Eastern wisdom traditions focusing on the resolution of trauma, negative thought patterns and painful emotions by creating communication between the unconscious and the aware self. He is a clinical trainer who leads professional training throughout the world. He is also a Gestalt therapist who specialises in relational dialogical approaches and has developed his own unique method of working and is going to share that with us - to be used personally or with clients – to create mindful relationships.

This 2 day workshop will be held in Mullumbimby and will include a mixture of experience, theory and skills development to access your creativity and resources when recognising and treating body symptoms and mood disorders. We will learn how to access the unconscious and promote its healing with mindfulness and metaphors and to use positive psychology techniques to develop optimal states of wellness.

A PD certificate will be issued on request for 14 hours of training. The retreat will be held on 19 to 21 October at Anahata Waters, 859 Wilsons Creek Road, Wilsons Creek, NSW

For more information please see the [flyer](#) or contact Rhonda Gibson Long on 02-66840095 or Rhonda@gestaltsydney.com. This retreat has residential and non-residential rates plus early bird if payment before July 31

**24 Oct 2018 Gestalt Project Seminars: Fat is a Therapeutic Issue
Presented by Leanne O'Shea.**

Gestalt Project Seminars are held at GTA and bring together students, graduates and gestalt practitioners from around Melbourne and begin with a gathering at 5.45pm accompanied by food and wine, followed by the presentation which runs from 6.30 to 8.30pm.

Leanne is an experienced therapist, supervisor and educator and long term faculty member at GTA. This seminar will discuss three potential struggles that therapists face in working with overweight clients.

The cost remains \$25 and bookings are via www.trybooking.com/322410.



26 -28 Oct 2018 Systemic/Structural/Family Constellation Training

The course provides the participant with an experiential, educational and theoretical background of systemic constellation work and blends it with the principles and practice of Gestalt therapy.

Please see the [2018 Systemic Structural Family Constellation Training Flyer](#) for more information

For a more detailed Course Outline & Application Form contact Maria Dolenc.

T: 02 8021 2177

M: 0425 277 279

E: maria@mariadolenc.com.au

W: www.mariadolenc.com.au

For more information about Systemic Constellation work:

www.family-constellations.org

www.constellationflow.com

2019
March 2019

2 – 3 March 2019 Trauma Reflections
Presenter: Miriam Taylor

Experience an international presenter and author of the acclaimed book *Trauma Therapy and Clinical Practice: Neuroscience, Gestalt and the Body*.

In her two-day workshop Miriam Taylor, experienced Gestalt psychotherapist, trainer and supervisor, provides participants with current theoretical perspectives on trauma and an opportunity for trauma focused group supervision. Reflective spaces will be woven through the two days, alternating with short teaching and experiential slots. The embodied presence of the therapist, in awareness of their own history and responses to trauma, will be considered as the key to facilitating growth. Sander`s concept of Fields of Mutual Influence forms a theoretical underpinning, together with applications of neuroscience and trauma theory.

For more information please see [GTB - Miriam Taylor Workshop](#)



Location: Gestalt Therapy Brisbane
28 Prospect Tce, Highgate Hill, Q4101
Contact: Tina on 07 38444204 or contact@gestalttherapybrisbane.qld.edu.au
Web: <http://www.gestalttherapybrisbane.qld.edu.au/workshop-miriam-taylor-march-2019>
Cost: \$380/\$350 (GTB students/graduates)

Register online now!

Tea and coffee will be provided. Please bring your own lunch. There are several cafes in the area. All day street parking is available on weekends. Southbank station is only a 10 minutes walk from GTB.

August 2019

24-25 August 2019/14-15 September 2019/26-27 October 2019

Advanced Training in Supervision Theory & Practice – A relational & experiential process

Presenters: Greer White, Leila Davis, Tine Mueller

This exciting and newly developed training program provides participants with 39 hours of direct face to face supervision training within a training group over three weekends. This experiential learning will allow participants to enhance their practice of individual and group supervision within a supportive environment. Successful participants will be able to apply to be listed as an accredited supervisor on the PACFA National Register.

The teaching offered will draw on the theory and practice of supervision. It will include principles of the Gestalt Therapy method in the supervisory setting: field sensitivity, relational dialogue, experimentation and here and now attention. Learning will take place face to face, through the facilitation of incremental learning experience and experimentation, seminar-based discussions, and through collaborative and cooperative learning with facilitator and peer interaction.

For more information please see [GTB Supervision Workshop flyer](#)

Location: Gestalt Therapy Brisbane
28 Prospect Tce, Highgate Hill, Q4101
Contact: Tina on 07 38444204 or contact@gestalttherapybrisbane.qld.edu.au
Web: <http://www.gestalttherapybrisbane.qld.edu.au/workshop-advanced-training-in-supervision>
Cost: \$2,400/\$2,200 (GTB students/graduates)



Who is the workshop for?

- Psychotherapists, counsellors, social workers, psychologists, mental health workers, occupational therapists, HR managers, leadership coaches etc.
- Training is suitable and relevant for clinicians of diverse therapeutic approaches and professionals in fields not related to psychotherapy
- A professional qualification is expected and five years of experience in a relevant field.

Apply online now!

Tea and coffee will be provided. Please bring your own lunch. There are several cafes in the area. All day street parking is available over the weekends. Southbank station is only a 10 minutes walk from GTB.
