



## GANZ NEWSLETTER – Dec 2018

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Welcome to the December 2018 edition of the GANZ Newsletter. In this edition you will find information on:

COUNCIL NEWS.....	1
GESTALT CONFERENCES .....	3
COMMUNITY NEWS.....	6
PEER GROUPS .....	6
JOURNAL.....	6
RESEARCH.....	6
PROFESSIONAL DEVELOPMENT OPPORTUNITIES .....	7

If you would like to contribute items to the GANZ Newsletter, please contact the Newsletter Editor on [ganz.membership@gmail.com](mailto:ganz.membership@gmail.com)

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### COUNCIL NEWS

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A big thank you to all GANZ members from the Council for your support this year.

For us, 2018 has seen us build experience in our roles and strengthen working relationships between members of the GANZ Council team. The transition away from the old regulatory body that GANZ was has continued, with the sole focus of GANZ shifting to supporting Gestalt Practitioners and Gestalt Therapy. There was also considerable work done in the background on the IT systems and website that will make help make the work of running GANZ sustainable in the future.

Looking ahead to 2019, the GANZ Council has a number of projects we will be working on, including:

- Supporting GANZ members to access professional development
- Developing the Student Representative role on Council
- Supporting Gestalt Research
- Continuing to support Gestalt writing and the GJANZ
- and of course, the wonderful GANZ Gathering / Hui in May <http://www.ganzgathering.com.au/>

We wish you all well over the holiday season.

The GANZ Council.

Anthony, Barbara, Jelena, Leanne, Madeleine, Marc, Leonie & Eric

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### **A note from the President**

On a personal note, the highlight of 2018 for me would be the very real and practical ways in which Council members have demonstrated their support for GANZ. They do this in many ways, but mostly through the time they so generously donate. I appreciate the support and care that people show, not only for each other but for the community they so tirelessly serve. For me it is this enduring commitment to Gestalt that leaves me feeling encouraged and hopeful about what we might yet create.

Leanne.

### **Reminder for Scholarships for attending the 2019 Gestalt Research Conference**

Don't forget that GANZ will fund two \$150 USD scholarships towards the cost of the tickets for 2019 Gestalt Research Conference in Santiago. The International Gestalt Research Association will match funding provided by GANZ, which together will cover the total cost of the conference ticket. The Scholarship does not cover costs of flights or accommodation.

For the application process please click here: [GANZ-Research-Conference-Scholarship-application.pdf](#)

Applications close 28-Dec-18

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## GESTALT CONFERENCES

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### **A GANZ GATHERING/HUI UPDATE OUR PROCESS AND PLANS FOR YOUR PARTICIPATION**

Imagine a fertile void.

It was a fertile void that we, the organising and facilitation group of the GANZ Gathering/Hui 2019 faced back in October 2017 when we began our journey to design a unique and radical experience in Sydney, unambiguously aimed at the Australian and New Zealand gestalt therapy communities.

#### **Our evolving journey**

Drawing on the feedback received from the 2017 Melbourne GANZ Conference, over several months our ZOOM meetings centred around crafting a Gathering/Hui theme that would engage with contemporary psycho-socio-political issues which have relevance to us all. The outcome of our

early discussions was the emergent theme... **Catalysts for transformation: Diversity, inequality, dialogue and ...?**

As an organising group each of us recognised that, in one form or another, all human beings unavoidably suffer from the structures and strategies of dominance and resistance in social relationships associated with class, gender, ethnicity, race, sexual orientation, language, religion, age, nationality and world-regions. We considered how these powerful dynamics organise our relationships with ourselves as well as with others and can have lasting effects on our minds and societies.

We also recognised that integral to our work as gestalt practitioners, for both ourselves and our clients, is uncovering, revealing and disclosing strategies of manipulation and legitimization that contribute to prejudice and discrimination on individual, institutional and social levels. As a result, we have carefully worked to frame the language we use to describe and promote the Gathering/Hui in more relational terms.

One of our early decisions as a group was for us to commit to being aware of and willing to inquire into our unfolding interpersonal process while designing the different experience this Gathering/Hui represents, relative to traditional conferences.

Not surprisingly, we have become increasingly aware of our own sensitivities surrounding the theme, process and potential outcomes that follow. We became aware of our 'blind spots', internalised prejudices and unconscious biases associated with our personal lived experience of diversity, inequality and dialogue. We imagine that our experience may represent a microcosm of the experience of participants of the Gathering/Hui and therefore could contribute to our thoughts on the facilitation processes in the various configurations of participants at the Gathering/Hui.

#### **Implications for enabling the purpose of the Gathering/Hui:**

The aims that arose from the theme have been identified as to:

- Address the challenging issues of our time as they manifest in our society and practice contexts
- Explore the multiple constraints to human and social development, and wellbeing
- Identify the catalysts that energise meaningful change and deeper transformation in ourselves, our clients, our communities and society
- Practice the intersubjective arts in our time together by honouring difference, encouraging complexity, practicing inclusion and expressing empathy
- Motivate each and all of us to become citizen activists in areas of personal interest and professional practice.



As our process unfolds throughout the Gathering/Hui, we are aware that our personal passions and perhaps past wounds are likely to become figural. While, as gestalt practitioners, we are all familiar with and apply dialogical and relational principles and sensitivities, during our time together in Sydney our hope is that we will be especially mindful to co-create a supportive and respectful environment where curiosity, inquiry, acceptance of others, understanding of difference and learning can be valued.

### **Facilitation preparation activities**

In the coming months the facilitation group will be undertaking two broad activities.

The first is to seek perspectives and feedback from a community-based reference group and other experts around the sensitivities in facilitating programs that address diversity, prejudice, unconscious bias and privilege.

The second is to finalise the designs of three pre-Gathering/Hui warm-up and awareness raising activities that will include reflections and perhaps informal discussions with others on personal prejudices and uncovering blind spots; stories of transformative experiences; and translating personal passions into actions. Information on how to participate in these ground setting activities will be circulated in the New Year.

### **Invitation to participate**

The Gathering/Hui aims to offer an inclusive, participatory and creative experience. This is an event of unique proportions. If you have already registered, thank you, and please consider reaching out and asking a colleague/friend to register as well. We hope this grass roots approach to encouraging participation will invite people to come who may be at the fringe or even feel alienated from the GANZ and wider gestalt communities.

If you haven't registered, now is the time.

### **The Gathering/Hui Facilitation Group**

**Mike Reed, Brenda Levien, Alan Meara, Gabe Phillips and Ashleigh Power**



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## COMMUNITY NEWS

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Gestalt Therapy Brisbane has relocated from 28 Prospect Terrace, Highgate Hill and has moved to 431 Montague Road, West End 4101. For more information:

[www.gestalttherapybrisbane.qld.edu.au](http://www.gestalttherapybrisbane.qld.edu.au)

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## PEER GROUPS

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### Peer Group Contacts

If you are interested in joining or setting up a group, please contact Barbara Churcher on:

[contact@barbarachurcher.com.au](mailto:contact@barbarachurcher.com.au)

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## JOURNAL

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The next edition of the journal is in the final stages of preparation and will be released in the near future.

Alan Meara

Editor, GANZ Journal.

Contact email: [ozgjeditor@ganz.org.au](mailto:ozgjeditor@ganz.org.au)

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## RESEARCH

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### Launch of Research page on GANZ Website

The GANZ website research page [www.ganz.org.au/research/](http://www.ganz.org.au/research/) contains resources and information on research relating to Gestalt Therapy, including details of:

- GANZ Research Conference Scholarships
- Current research projects
- Research Presentation at 2018 AAGT Conference
- Recent international research relating to Gestalt Therapy
- The 2019 Gestalt Research conference
- The 2017 Research edition of GJANZ

Madeleine Fogarty.



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## PROFESSIONAL DEVELOPMENT OPPORTUNITIES

*Disclaimer: Sharing of information relating to Gestalt Therapy is offered to GANZ members as a service for members, and does not imply endorsement of the information by GANZ.*

March 2019

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### **Trauma Reflections Presented by Miriam Taylor    **SOLD OUT****

2-3 March 2019

Experience an international presenter and author of the acclaimed book *Trauma Therapy and Clinical Practice: Neuroscience, Gestalt and the Body*.

In her two-day workshop Miriam Taylor, experienced Gestalt psychotherapist, trainer and supervisor, provides participants with current theoretical perspectives on trauma and an opportunity for trauma focused group supervision. Reflective spaces will be woven through the two days, alternating with short teaching and experiential slots. The embodied presence of the therapist, in awareness of their own history and responses to trauma, will be considered as the key to facilitating growth. Sander's concept of Fields of Mutual Influence forms a theoretical underpinning, together with applications of neuroscience and trauma theory.

For more information please see [GTB - Miriam Taylor Workshop](#)

**Location:** Gestalt Therapy Brisbane

431 Montague Road, West End 4101

**Contact:** Tina on: 07 38444204 or [contact@gestalttherapybrisbane.qld.edu.au](mailto:contact@gestalttherapybrisbane.qld.edu.au)

**Web:** <http://www.gestalttherapybrisbane.qld.edu.au/workshop-miriam-taylor-march-2019>

**Cost:** \$380/\$350 (GTB students/graduates)

#### **Register online now!**

Tea and coffee will be provided. Please bring your own lunch. There are several cafes in the area. All day street parking is available on weekends.

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### **Replenish, Soulful Retreats for Therapists**

20-24 March 2019

As therapists we are constantly holding space for others. This may have an effect on our overall well-being. Replenish Retreat provides the opportunity to care for your own needs. This retreat is all about nourishing you. With daily yoga, meditation, scrumptious food, massages and spending time in nature, at the beautiful Noonaweena Resort on the Central Coast.

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Meet other like-minded people, share your experiences and make new friends or business associates.

There is more to be gained attending the Replenish Retreat. You will attain 20 OPD/CPD points. We are excited to have Phil Oldfield, previous Director Sydney Gestalt Institute, Gestalt Trainer since 1986 and Founding member of GANZ as one of our guest facilitators presenting on Mindfulness and Gestalt Therapy.

AND you will gain a Foundation Certificate in [Resource Therapy](#), facilitated by Tamika Dwight-Scott Clinical Resource Therapist and Trainer, Master of Gestalt Psychotherapy, Clinical Hypnotherapist, Group Facilitator and Supervisor, Facilitator at Petrea King's Quest for Life (Foundation Certificate cost is usually \$500.00, but included at no extra charge as part of your retreat attendance).

Give yourself the gift of time away from life's demands. Recharge, take stock and make changes to enrich your life.

For more information: [Replenish retreat flyer](#)

**Location:** Noonaweena Resort

1442 George Downes Drive, Kulnura, NSW, 2250

**Contact:** Tamika Dwight-Scott on: 0404884257 or [innapeace@iinet.net.au](mailto:innapeace@iinet.net.au)

**Web:** <https://www.replenishretreats.com.au/>

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### **Systemic/Structural/Family Constellation Training**

29-31 March 2019

This course provides the participant with an experiential, educational and theoretical background of systemic constellation work and blends it with the principles and practice of Gestalt therapy.

Please see the [2019 Systemic Structural Family Constellation Training Flyer](#) for more information

For a more detailed Course Outline & Application Form contact Maria Dolenc.

T: 02 8021 2177

M: 0425 277 279

E: [maria@mariadolenc.com.au](mailto:maria@mariadolenc.com.au)

W: [www.mariadolenc.com.au](http://www.mariadolenc.com.au)

For more information about Systemic Constellation work:

[www.family-constellations.org](http://www.family-constellations.org)

[www.constellationflow.com](http://www.constellationflow.com)

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## July 2019

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### **Systemic/Structural/Family Constellation Training**

5-7 July 2019

This course provides the participant with an experiential, educational and theoretical background of systemic constellation work and blends it with the principles and practice of Gestalt therapy.

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Please see the [2019 Systemic Structural Family Constellation Training Flyer](#) for more information.  
For a more detailed Course Outline & Application Form contact Maria Dolenc.

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E: [maria@mariadolenc.com.au](mailto:maria@mariadolenc.com.au)

W: [www.mariadolenc.com.au](http://www.mariadolenc.com.au)

For more information about Systemic Constellation work:

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[www.constellationflow.com](http://www.constellationflow.com)

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## August 2019

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### **Advanced Training in Supervision Theory & Practice – A relational & experiential process**

**Presenters: Greer White, Leila Davis, Tine Mueller**

24-25 August 2019/14-15 September 2019/26-27 October 2019

This exciting and newly developed training program provides participants with 39 hours of direct face to face supervision training within a training group over three weekends. This experiential learning will allow participants to enhance their practice of individual and group supervision within a supportive environment. Successful participants will be able to apply to be listed as an accredited supervisor on the PACFA National Register.

The teaching offered will draw on the theory and practice of supervision. It will include principles of the Gestalt Therapy method in the supervisory setting: field sensitivity, relational dialogue, experimentation and here and now attention. Learning will take place face to face, through the facilitation of incremental learning experience and experimentation, seminar-based discussions, and through collaborative and cooperative learning with facilitator and peer interaction.

For more information please see [GTB Supervision Workshop flyer](#)

**Location:** Gestalt Therapy Brisbane

431 Montague Road, West End 4101

**Contact:** Tina on 07 38444204 or [contact@gestalttherapybrisbane.qld.edu.au](mailto:contact@gestalttherapybrisbane.qld.edu.au)

**Web:** <http://www.gestalttherapybrisbane.qld.edu.au/workshop-advanced-training-in-supervision>

**Cost:** \$2,400/\$2,200 (GTB students/graduates)

### **Who is the workshop for?**

- Psychotherapists, counsellors, social workers, psychologists, mental health workers, occupational therapists, HR managers, leadership coaches etc.
  - Training is suitable and relevant for clinicians of diverse therapeutic approaches and professionals in fields not related to psychotherapy
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- A professional qualification is expected and five years of experience in a relevant field.

Apply online now!

Tea and coffee will be provided. Please bring your own lunch. There are several cafes in the area. All day street parking is available over the weekends.

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### September 2019

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#### **Systemic/Structural/Family Constellation Training**

27 – 29 Sep 2019

This course provides the participant with an experiential, educational and theoretical background of systemic constellation work and blends it with the principles and practice of Gestalt therapy. Please see the [2019 Systemic Structural Family Constellation Training Flyer](#) for more information. For a more detailed Course Outline & Application Form contact Maria Dolenc.

T: 02 8021 2177

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E: [maria@mariadolenc.com.au](mailto:maria@mariadolenc.com.au)

W: [www.mariadolenc.com.au](http://www.mariadolenc.com.au)

For more information about Systemic Constellation work:

[www.family-constellations.org](http://www.family-constellations.org)

[www.constellationflow.com](http://www.constellationflow.com)

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### November 2019

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#### **Systemic/Structural/Family Constellation Training**

8 – 10 November 2019

This course provides the participant with an experiential, educational and theoretical background of systemic constellation work and blends it with the principles and practice of Gestalt therapy. Please see the [2019 Systemic Structural Family Constellation Training Flyer](#) for more information.

For a more detailed Course Outline & Application Form contact Maria Dolenc.

T: 02 8021 2177

M: 0425 277 279

E: [maria@mariadolenc.com.au](mailto:maria@mariadolenc.com.au)

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For more information about Systemic Constellation work: [www.family-constellations.org](http://www.family-constellations.org)

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**Summer residential - Istituto di Gestalt Italy in Byron Bay - *Contemporary Gestalt thought and practice next to the ocean!* With Dr. Margherita Spagnuolo Lobb**  
18-23 November 2019

Margherita Spagnuolo Lobb brings her well received 1-week summer residential straight from Italy to Tallows Beach Retreat Centre between the Teatree Lake and the Pacific Ocean!

One of the most important and often forgotten issues for psychotherapists is to take care of oneself and to give oneself time and space to breathe, concentrate, to be able to accept the support of someone else.

This summer retreat and professional development program will offer you the possibility to work on yourself, while being updated on contemporary Gestalt therapy theory and to reflect on the application of Gestalt therapy principles to today's clinical problems.

And of course – to have good food, swim in the Pacific Ocean off Byron Bay, be together and visit the stunning surrounding area!

**What will be offered**

- Opportunities for personal work within a supportive group environment
- Update on new developments in Gestalt Therapy theory and practice
- Opportunities for participants to reflect on their own clinical practice
- Peer support
- Beautiful accommodation and environment to enjoy
- Time for walks on the beach
- Tasty vegan food prepared by popular chef Anthea
- opportunities to socialise

For more information: [GTB Flyer: Margherita workshop Byron Bay](#)

**Location:** Tallows Beach Houses Byron Bay

**Contact:** Tina on 07 38444204 or [contact@gestalttherapybrisbane.qld.edu.au](mailto:contact@gestalttherapybrisbane.qld.edu.au)

**Web:** <http://www.gestalttherapybrisbane.qld.edu.au/workshop-margherita-at-byron-bay-nov-2019>

**Cost:** \$1850 (Early bird ends 27 July 2019)

\$2,200 \*standard registration \*payment plans available for standard registration

Included:

- Twin share accommodation at Tallows Beach Houses
- Food

**Register online now!**