

FAMILY CONSTELLATIONS



Living in tune with your ancestors



Margarete Koenning

Constellation Trainer and Facilitator

Margarete Koenning is a PACFA Supervisor and a Senior Gestalt Therapist with a BA in Sozial Work for over 33 years. She is a trainer and facilitator in Family and Systemic Constellation and Gestalt Therapy. Her compassion of healing trauma has drawn her to working with Indigenous organisations and communities with mental health issues, addiction and family of origin entanglements. Margarete is known for her healing heart, deep authentic contact, attention to phenomenology, healing rituals and capacity to hold intense affect until it softens and reconnects with life. Margarete lives in the hinterland of the sunshine coast where she runs her practice and training since her arriving in Australia in 1993.

We have all grown up in different family systems. It is there that we developed our patterns of relating. Often these patterns create dysfunctional relationships. We want to change yet don't know how to start, where to look, what to do

Entanglements in family dynamics can result in relationship difficulties between partners, between parents and children, and between siblings. They can also contribute to other difficulties such as addictions, illnesses and negative repetitive patterns in our lives.

When we think psychologically we normally attribute these problems to negative attitudes from our upbringing. Twenty five years ago Bert Hellinger developed a method using constellations, to reveal hidden dynamics within the family, which he called "The Orders of Love". When the natural order becomes distorted by external forces such as an early death, the negative entanglements can persist for several generations.

The work with family constellations gives us the opportunity, in a powerful, safe setting, to look deeply into the entanglements of our Family of Origin as well as our family today. We use the diversity of the group to represent the members of your family.

SUNSHINE COAST

WHEN: Saturday 26.01.2019 9am-5pm

WHERE: 39 Maple st Maleny

COST: \$150

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