



GANZ NEWSLETTER – Sept 2019

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We would like to invite all members to contribute to the GANZ Newsletter. For example, if there has been a workshop or conference you have attended that you would like to tell people about, please contact Aicha Brogan our Newsletter Editor at ganz.membership@gmail.com



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COUNCIL NEWS

Dear GANZ members and Gestalt Community,

The discussion at the GANZ Council's August 2019 meeting focused on renewing the vision for GANZ. Membership of GANZ continues to rise gradually, and the current Council has kept GANZ in a solid financial position, although there are challenges in operating a volunteer run organisation in a way that is sustainable. The coming AGM is an opportunity for people to consider how they might like to contribute to GANZ's work of supporting Gestalt Practitioners and the ongoing development of Gestalt Therapy.

Save the Date: 2019 GANZ AGM 6 pm 16-Oct-2019

The AGM will be held both online and in person at the Gestalt Centre at 622-624 Lygon St, Carlton VIC 3054

This year is an election year for GANZ, and a number of positions on Council will come available. Please keep an eye out for the official announcements and calls for nominations to Council Positions. More details will be sent in the coming weeks.

Also, as we approach the main renewal season for members, we would like to let members know that the website now has the capacity to accept payments via Debit or Credit Card, as well as PayPal. We have also shifted the website to a more reliable server.

Enjoy reading!

The GANZ Council

Anthony, Leanne, Eric, Marc, Barbara, Jelena, & Leonie

Newsletter Editor

Aicha Brogan



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JOURNALS & PUBLICATIONS

New Gestalt Voices Journal

The latest edition of the New Gestalt Voices Journal is available for download [here](#):

This journal supports the emergence of new voices and includes a plethora of treats from gestaltists around the world: personal writing by *Philip Norbury*, a poem by *Sheila Shrestha*, an article on burnout and liminal space by *Maggie Marriott*, and another on the related theme of 'not doing' by *Richard Lewis*. We've also got an evolutionary perspective on gestalt therapy by *Wil Meeus*, a discourse on the role of therapy training in fostering a space that supports belongingness and difference by *Margherita Spagnuolo Lobb*, an experience of improvising a gestalt response to the presence of refugees by *Federica Ronchi*, and present moment photography by *Karolina Burda*.

GJANZ May 2019 edition (Vol 15 No 2)

The May 2019 edition (Vol 15 No 2) of the Gestalt Journal of Australia and New Zealand is now available for download [here](#). Print editions may be ordered [here](#) (corrected link). The editorial seeks to recognise a pattern across the contributions of addressing both theory and implications for practice, depth, and across various fields, width.

Dominic Hosemans threads a relational psychoanalytic concept of companionship, shortcomings of dialogue, as applied in a case study of a traumatised child. Steffi Bednarek examines the role of psychotherapy in societal responses to climate change and raises issues on unconscious bias in our theory that limits recognising the more than human world. Barry Laing argues for Gestalt therapy to be an ally in providing more culturally appropriate support for indigenous health care than currently offered in the Social and Emotional Wellbeing (SEWB) framework. Barbara Sues first explores ways to provide support for bereavement, across historical and contemporary cultural differences, followed by findings from a project that revealed more similarities than differences in bereavement experience. Leanne O'Shea as GANZ president expresses gratitude to the facilitators and convener (and the support committee) for the



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experimental Gathering/Hui which had quite a positive response from participants. Happy reading, reflecting on the themes expressed by the authors, and perhaps taking action.

Alan Meara, Editor, GANZ Journal Contact email: ozgjeditor@ganz.org.au

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Vol 15. No 2 May 2019	
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British Gestalt Journal

The latest edition of the British Gestalt Journal is available [here](#):

BRITISH GESTALT JOURNAL

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COMMUNITY NEWS

Sydney Gestalt Interest Group

The Sydney Gestalt Interest Group aims to meet once a quarter in various locations in Sydney, to create opportunity to connect with like minded Gestaltists & anyone with an interest in Gestalt.

Our next event will be held in Summer Hill, Thursday 19th September, 6.30-9pm. Facilitated by Suzanne Sommer & Trish Darke, you are invited to explore the unconscious through the medium of Art. Absolutely no art experience is required to engage with this process, simply an openness to explore! See [flyer](#) for further details

We warmly invite you to join us & look forward to meeting.
Trish & Suzanne

RSVP: Suzanne Sommer 0409 766 154
Trish Darke 0409 248 978



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RESEARCH

Current Research Projects - Calls for participants

Dear GANZ Member,

I am currently at Australian College of Applied Psychology and interested in doing a master's thesis on the challenges for Australian and New Zealand therapists of working with asylum seekers and refugees. Relevant information on the study is [attached](#)

I am planning to do semi-structured interviews in August 2019 with psychotherapists from around Australia and New Zealand, who wish to be included in the study and who meet the following inclusion criteria:

- Work with refugees and asylum seekers for at least two years at least as part of their case-load

and

- Have PACFA College of Psychotherapy Clinical membership (full member) or
- Have APS full membership or
- Have AASW full membership or
- Have a full membership of a modality psychotherapy association (Australia and/or New Zealand)

and

- Have an experiential psychotherapy training in a particular psychotherapy modality (psychodynamic, gestalt, body psychotherapy, family psychotherapy, transactional analysis, existential therapy, narrative therapy)

This proposal has formal ethics approval from my college ethics committee.

Regards,

Anthony Brent Caldwell.

Email: 238900@my.acap.edu.au



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From Dr Dominic Hosemans:

Previously, I have investigated the phenomenological experience of relationality within relational Gestalt therapy according to clients of Gestalt therapists. The write-up of study has been accepted and is currently in press within the academic journal, Gestalt Review. I plan to extend gestalt conceptualisations of relationality and how the experience of relationality relates to psychological distress and wellbeing. In order to explore this idea, I am looking for participants who have experienced being in therapy regardless of therapeutic modality and are over the age of 18 to respond to an online questionnaire; which is expected to take no more than 10 minutes to complete. The questionnaire can be accessed through the following link:

https://monasheducation.az1.qualtrics.com/jfe/form/SV_6yXUWLdwnfN3LWB

Much appreciated,
Dr. Dominic Hosemans

PROFESSIONAL DEVELOPMENT

The Food Mood Connection: Nutrition Essentials for Mental Health

An online course for mental health professionals

Register 5th September - 13th September 2019

The Mind Body Training Institute provides an eight hour course looking at nutritional impacts on mental health.

<https://www.ganz.org.au/event/the-food-mood-connection-nutrition-essentials-for-mental-health/>

Cost:\$347



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Contemporary Psychopathology: A Gestalt Psychotherapy Approach

Monday 25 and Tuesday 26 November

Dr Margherita Spagnuolo Lobb

This workshop will introduce a new approach to diagnosis and psychopathology in the light of modern society through different relational human sufferings in the last decades.

- Connect aspects of current society with contemporary psychopathology
- Differentiate between the ground experience of the client and his/her figural experience
- Look at the polyphonic development of domains of contact
- Use the Gestalt therapy concept of self
- Diagnose using aesthetic tools
- Use a field perspective in therapeutic settings
- Use the Aesthetic Relational Knowledge to work with reciprocity (instead of objectifying the client's problem)

Where: Wesley Conference Centre

220 Pitt Street Sydney

Price: Practitioners: \$300

ACAP Staff, Graduates & Students: \$280

For more information please see the [flyer](#)

To register email industry@acap.edu.au



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A full calendar of Gestalt related training and events is available at
<https://www.ganz.org.au/events/>

Disclaimer: Sharing of information relating to Gestalt Therapy is offered to GANZ members as a service for members, and does not imply endorsement of the information by GANZ.

We would welcome personal reflections on professional development workshops, webinars, books, trainings or conferences.

How to submit a training event

GANZ offers members the opportunity to advertise their own workshops and events on the GANZ website, Facebook, and through the GANZ Newsletter. Advertising is free to members. If you would like to apply for a workshop or event to be advertised through GANZ, please submit the details at <https://www.ganz.org.au/events/community/add> or via the Training and Events menu.

Once GANZ approves the application, a calendar event, blog post and Facebook post will be created. Each month, new training events will also be listed in the newsletter to members. Some things to note:

- Flyers can be uploaded if they are image files e.g. jpg or png, but not pdf files. Windows users can convert pdf files to jpg through the “windows snipping tool”, and Mac users can use the “FileExport As” menu.
- It is not necessary to log in to your GANZ membership account to submit events, but if you do login before submitting an event you will gain the ability to edit previously submitted events and won't have to do the somewhat annoying “I am not a robot” procedure when submitting events.

If you need any help, please contact ganz.membership@gmail.com