

FAMILY founded by Bert Hellinger CONSTELLATIONS

Living in tune with your ancestors

We have all grown up in different family systems. It is there that we developed our patterns of relating. Often these patterns create dysfunctional relationships. We want to change yet don't know how to start, where to look, what to do.

The work with family constellations gives us the opportunity, in a powerful, safe setting, to look deeply into the entanglements of our Family of Origin as well as into our family today. We use the diversity of the group to represent the members of your family. In the course of the weekend eight participants will have the opportunity to work with their families. The remaining members will participate as representative of those families. Here a lot of learning and insight can occur. As we are not isolated beings and you will often find yourself or your family members mirrored.

This valuable process can help the processes of reconciliation.

It is also valuable after traumatic events or experiences. We gain awareness about the processes that happen in each and every family. Through Margarete's own experience of the process, she gained a deeper understanding of her family system and her patterns of relating. She was able to heal these in a gentle and integrated way. She developed respect for and understanding of the role of her ancestors, who gave her a lot of strength to take forward into her daily life.

At the same time, through her work with the process, she has witnessed how much each of us is carrying hurt, unresolved stories and responsibilities, which don't belong to us. This work is a very powerful way to deal with our history, which often has a big impact on our lives. It helps to free us from these entanglements, so we can walk forward in our full potential.



Margarete Koenning

BA Social Work | Certified Gestalt Therapist
Certified Psychotherapy Germany
Member of GANZ | Accredited PACFA supervisor

As a trainer and facilitator of Family/Systemic Constellations and Gestalt Therapy Margarete is known and loved for her healing heart, her deep authentic contact, attention to phenomenology and inclusion of many healing rituals within her work. A PACFA Supervisor and Senior Gestalt Therapist with a BA in Social Work she has more than 30 years' experience in the field. She is greatly respected in the Constellation community of Australia.

Along with her husband Keith, Margarete lives in the beautiful hinterland of the Sunshine Coast, where she runs her practice and trainings, since arriving in Australia from Germany in 1993.



WHEN:

WHERE:

COST:

BOOKINGS:

5 October 2019 39 Maple Street, \$150
Maleny

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