



GANZ NEWSLETTER – June 2020

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We would like to invite all members to contribute to the GANZ Newsletter. For example, if there has been a workshop or conference you have attended that you would like to tell people about, please contact Aicha Brogan our Newsletter Editor at ganz.membership@gmail.com



COUNCIL NEWS

A message in the times of Covid-19

This is an unprecedented time, particularly for those of us, such as myself, who have built a belief system based on a thin veil of surety that the world is a safe enough place. How shaky the ground has seemed to me at times and I have been both confronted and touched by the challenges that exist for many of us on different levels - personal, societal, relational and environmental. We see this playing out even today in the media with the rioting in America and the deep hurt that is showing in relation to race relations.



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We are now well into the restrictions and isolations posed by the COVID-19 pandemic, and for some of us these restrictions are now lifting a little, yet we all remain impacted in different ways. As my own work has come “online” I have grappled with how to re-adjust myself in the digital medium with my clients, alongside my own fears and my grief for the loss of an illusory safe base, of a world I used to know and could ‘place’ myself within. I have been reminded of the beauty and freedom that Gestalt offers - an opportunity to appreciate co-regulation, connection, community, and my own capacity to choose and to reach and move towards what interests me. As my own ground has become more stable, I feel increasingly blessed to have had this opportunity to spend more time at home, and it seems to me that with this comes a certain privilege - Australia and New Zealand are in much better positions Covid-19 wise than many other countries, and as a therapist I have been able to continue to work, and do not know anyone who has contracted Covid-19. To be lucky enough to reside in a country that has a good healthcare system, and to be able to live within a certain level of comfort speaks to the possibility of both a level of “inner” and “outer” security that in some ways is not unlike the basic trust in the goodness of others and the world that comes from secure attachment and from growing up with conditions that are supportive. The other side is here too - the deaths, job losses, business losses, relationship losses, countries with large divides between rich and poor, minority cultures being more at risk, struggles with mental health and the re-traumatisation of being “alone” or unable to be in contact with our relational support’s (for some of us a re-enactment of the scarcity of some of our early relational fields - (and no sourdough baking or online pilate classes!). Somehow I have been reminded of the “sharedness” of our humanity, and have had a sense that, whilst this impacts us all in a myriad of ways, we are all in this together. That my struggle to re-orient myself is one that others also share at this time. This has been validating and at the same time grounding for me. This newsletter shares an example of those reaches and gifts that we as a Gestalt community experience and provide to one another, and I feel grateful for the deep, heartfelt and rich offerings from the members in this newsletter as well as the wealth of online offerings now available from the international gestalt community - in some ways this has given us an opportunity to become more accessible to one another across the oceans that separate us.

Aicha Brogan.



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on behalf of the The GANZ Council

Anthony, Julia, Nathan, Aicha, Michelle, Eric, Marc, & Annie.

Newsletter Editors

Aicha Brogan and Anthony Jones.

Update on the online GANZ Peer Process Groups

This program seems to be meeting a need in our community. We have had a great deal of interest in this project from Western Australia, Northern Territory, Qld, NSW, Victoria and NewZealand. This has led to our first group meeting on Wednesday May 13 being a real coming together of our community in a way only made possible by the medium of online meetings. Many people reported appreciation for our first group after and for this opportunity to practice gestalt principles with peers from all around the country and “over the ditch”. We talked of the boundaries and guidelines for the group with a strong emphasis on safety and a deep appreciation of the vulnerability that is called forth in Gestalt group process. We have enough interest now for a second group and possibly a third. It is hoped that this project continues to serve the need for community and connection of our members. These groups are a platform of peer support and an opportunity to experience the richness that practicing awareness, immediacy, presence, field sensitivity, and dialogical appreciation can bring to contact.

For interest and registration please find further information [here](#).

Warm regards

Annie Garrety BA DipT MGestTherapy

0404521248



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JOURNAL

All of us are affected by the COVID-19 situation, and there is an opportunity in the coming Journal edition to share our learnings and support each other. It is planned that the next edition of the GJANZ take a different format and collect short pieces focusing on the implications of the COVID-19 situation on Gestalt Therapy, practice, and training.

We invite all Gestalt practitioners to send in written contributions to the Journal Editor, Alan Meara at ozgjeditor@ganz.org.au. See Alan's reflections below.

COMMUNITY NEWS

Reflections from GANZ members, Institute faculty and the wider Gestalt community

Susanna Goodrich

On 5th March the NSW Gestalt Interest Group ("G.I.G") met for an informal get-together: share-a-bottle-and-a-plate style, at my home. These meetings occur about four times a year, are hosted by anyone who wants to volunteer to do so and can offer anything from a bit of socialising; experiential events involving movement and dance, working with pastels, mindfulness; sharing about our practices or earnest discussion about theory. Whoever hosts decides the date, format and venue. It is completely up to them. We have therapists who have been practicing for 4 decades and others who are recent graduates. There are students at Gestalt training centres, people who are just interested in Gestalt Therapy and sometimes-children, friends or a pet tagging along! Everyone is welcome.

Little did we know that we would be in Lockdown just over 2 weeks later. By March 23rd I was ostensibly *online* with my clients, *on-call* for catering and supply services for a family of 6 and *on-alert* around signs of infection in my vulnerable loved ones.



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While the magnitude and impact of of this pandemic is devastating, there have been some surprising blessings for me- our family life has been mostly comforting, cosy and amicable; I have had at least one long telephone or zoom catch-up with nearly every friend and relative I care about; I have walked in the bush, practiced yoga and read more than ever before and I have appreciated what feels like a greater degree of kindness in my interactions with those around me- whether I know them or not. We don't talk much about kindness in our text books, trainings and practice. It's got me wondering about it.

A final reflection: I've been very aware of my local neighbourhood over this time- how people have tried to care for the elderly, share an extra roll of loo paper, put a bear in the window for the kids and support the local shops. These simple acts of kindness, service, resource-sharing and loyalty seem to have had a big impact. It has prompted thoughts of this gestalt "neighbourhood", and how well we are doing on this count. Our Council, Journal and conferences/Huis all rely on the generous and time-consuming contributions of those dear "neighbours" who have, and continue to contribute so much of their time and energy to the administration, development and holding of our practice and community. I am so grateful to them. I also wonder if we might all consider what we might have to contribute to that neighbourhood at this time- there's so many ways to do that- reduce your supervision fee for a therapist who's financial circumstances are affected, write something for the Journal or newsletter, offer a low-cost professional training to students and recent graduates with small professional development budgets, start a Gestalt reading group, host a social function for gestalt therapists in your area, volunteer for a Council position or the next GANZ gathering (hell- make a proposal to help lead one!). Many of us (and I include myself) can do a little bit more- my hope is that we might all give this a little consideration through the rest of the year.

Warmly,

Zan.

Psychotherapist and Supervisor

susanna@therapytree.com.au

0414 33 89 66



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Tony Jackson

The past few months have challenged us in quite profound ways, and throughout it has been tempting to see the corona virus as an interruption to life and that we just need to wait for it to go away and resume our routines.

But perhaps it's more useful to reflect on how the pandemic reveals the nature of the world to us. By reminding us of the existential dimensions of human suffering, it gives us a chance to look past the structures that we build to defend against angst. As the Buddhists say – the first cause of suffering is noticing that life is a bumpy path and wishing it was smooth.

When Albert Camus wrote *The Plague* in the 1940s, he described a moment in time spookily like this one. The disease he described came and went, as I guess this one will. But the message of the book was that we always live with plague. Illness, accident, death and uncertainty are always with us. For Camus, it pointed to what he thought of as the absurdity of life.

Perhaps in the prolonged disruption to our lives, we are confronted with this - there is no normal, and we are not returning to it. It's not that life has changed, but that the uncertainty of life has been revealed to us again. And although Gestalt theory holds particular value for cultivating uncertainty, I have to say I miss it - or at least what stood in its place.

Pema Chodron writes that we often think we are entitled to resolution, but that not only is this not a right, seeking resolution causes us harm. I believe in our western, and privileged, societies we can often approximate certainty and master some control over our lives and environments. However, it is worth considering that it is always an illusion.

As a community, we have been forced to find flexibility and to adjust to changes. We have been fortunate to have technology and resources to support this, and we have also seen the willingness to be creative and try new things. Some of the adoptions have been simple and seamless, others have taken more courage, or have come with more of a sense of loss.



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As we explore these new technologies, I feel very grateful for them. I can see the ways that our school, and the practice of psychotherapy itself, have probably changed forever. We have killed a few sacred cows and found the benefits of being more accessible and flexible. I think we are also reminded of the power of being in the same room as each other.

Our ConnectGround clinic has really led the way with this, instead of closing, or shrinking, it has expanded and thrived. With the expansion into the online space, we are offering more than 70 people weekly therapy with the capacity to continue to grow. We are grateful to all our graduates, and other gestalt community members, who have volunteered alongside our regular interns to make this happen.

We are hoping to return to some sort of in-person teaching in the 2nd half of the year. We have also started to move on some of the PD offerings that we had planned for the year. Some of these will be delivered online, others we hope to offer on-site. Whatever happens from now on will need to have the flexibility to meet the requirements of the moment.

As a final thought, the idea that this a global pandemic might suggest that we are all in the same situation, but this is far from the truth. I saw a meme that summed this up for me 'we are in the same storm, not the same boat'. As Gestalt practitioners (contextualists), we need to make space for the unique ways each person experiences this pandemic. We all are carrying our own historical and current situations that shape our needs, fears and longings. We cannot all want the same thing at the same time, and we must make space for the subtle and dramatic differences in the ways we respond to this crisis.

I hope that participation in programs like ours adds to your personal resourcing and meaning making. If we are to truly embrace the uncertainty of life and find ways to support our clients with the existential dilemmas, what better time to be here. I genuinely believe gestalt theory and practice has something unique to offer at this time.

Tony.



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Ashleigh Power

Creatively adjusting to training Gestalt therapy during a global pandemic.

Navigating the delivery of training this year has been a complex and creative feat for the faculty and students at The Relational Institute Australia. Whilst we are very grateful for the connectivity that technology provides, we are also feeling the drain from the long hours of staring at faces on a computer screen and the multiple re-jigging of training dates.

Our continuing students commenced their 2020 training via zoom as scheduled in March., and again in May. This was met with enthusiasm and curiosity, and overall, provided a positive experience. Students spent time during the training hours leaving their screen and connecting with nature in their locality to help balance the online experience.

We decided to wait until the restrictions lift somewhat before commencing the first year groups, and are now anticipating these groups will be able to meet at their new start time of July, with their academic year flowing into 2021.

One of the things I have personally noticed, and found very heartening during these past months, is how drawn people seem to be toward connecting with nature. Whether isolated in a city apartment with a pot plant or tactile contact with a pet or short visits to the local park, I am hearing and feeling this incredibly important resource being valued in a more precious way. I have found myself being drawn to a particular grey gum, that stands with a tall canopy and a solid base. This tree has supported me to stay grounded and solid, and to keep my vision on the big picture during the past months.

I believe there are many positive things that are, and will, continue to emerge from this great pause, and I am grateful for the large gum tree that has been my consistent companion.

Ashleigh Power
TRIA Director



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Alan Meara

Hello dear members,

Obviously this year has presented many personal and community challenges and yet opportunities for reconsidering assumptions about how social systems 'should' work, but rather 'could' work. As the editor of GJANZ and a mentor for student writers, I have spent the past few months engaging with a great deal of literature, while also being emotionally impacted by the media coverage of local and global events.

In the earlier part of the year and lead up, images of drought, bushfires and floods dominated, and were responded to with a national and international deluge of altruistic acts. Even though many countries claim that this is the spirit of what our country does internally, research conducted some time ago on entrepreneurs, philanthropists and rescuers concluded that their concern was for all humanity, not for just in-groups (Monroe, 2002). This level of concern seemed to be present at that time. There were also responsive concerns for native animals, vegetation and waterways, reminding us that we humans are an integral part of a broader ecosystem that our actions can influence negatively. Greater recognition of the value of indigenous knowledge surfaced and at least the issue of climate change consequences gained some heightened currency. I still laugh at the memory of a response of the Chief Scientist (Alan Finkel) to an attack in a senate enquiry where he said something like: I keep an open mind, but not so open that my brains fall out. Yes, Gestalt therapists too are allowed to have a brain.

The emergence of Covid-19 has disrupted so many social conventions in a world that was already struggling with issues related to globalisation of economies, communication, travel, work, education, health care and more. Yet, this seems to be a time of creativity and challenging the status quo, perhaps our country needs to become a learning organisation. I don't have much hope for the facilitation of that although there could be some promising signs with the recent political collaborative approach. Regardless of that, the spirit of altruism permeates the way that people have adapted to creating new ways to interrelate through online media platforms. The arts and entertainment community in particular has provided some leadership here, with offerings that facilitate more widely available connection at little or no cost. We are



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social beings, however, so the emergent simple acts of kindness and connection in our local communities reflect that need. It seems that it took a lockdown to create that caring space.

In our GANZ community, we don't have to wait. This newsletter is one way we can connect even if it's from a physical distance.

Alan Meara.

Reference

Monroe, K. R. (2002). Explicating altruism. In S. G. Post, L. G. Underwood, J. P. Schloss, & W. B. Hurlbut (Eds.), *Altruism & altruistic love: Science, philosophy, & religion in dialogue* (pp. 106–122). Oxford University Press.

Sam Manickam: *The Corona Lockdown Calmness*

I lived in a land that I thought is my own.

Now I am aware that it is not mine

Though I have the right,

I cannot go there, but presume that it is mine.

I live in a house that I know is not mine. Now I am aware that I have no other house Though I do not have the right,

I can only be here, as I cannot move.

I live in a shed that I never thought I would Now I am aware I have no other go Though I can live being responsible,

I cannot, but ask to get me what I want.

I live with people around me,



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Now I am aware that they can't come near me Though I want to be close to them,

I can only wish for a day that may not come.

I live thinking what is up for me.

Now I am aware that the future is yet to come Though there is no limit,

I can ground my thoughts to where I am.

I hope for a home that is meant for me. Now I am aware that it is a hope

Though I do not know whether I can enter, I am aware, that I am here, where I am.

Leister Sam Sudheer Manickam, 16 April, 2020.

1.

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[amazon.com/dp/B087HBGL1G](https://www.amazon.com/dp/B087HBGL1G)

Author information can be modified as given below (for brevity and my link to gestalt)

2.

L. Sam S. Manickam, Ph.D.

Professor in Clinical Psychology and

Gestalt Therapy Trainer

Hon. Director, CAPS,

indiacaps.in

Thiruvananthapuram, India 695133

Director of Research and Training, Mhat

Kozhikode, India

lssmanickam@gmail.com



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Covid Inspired Gestalt Group Experiment over Zoom by Michelle Griffin

Organised by John Gillespie, Co-Founder of New Gestalt Voices, and Bernadette O’Koon - with members from all over the world who share an enthusiasm for exploring Gestalt in its contemporary form. John was quarantined at his home in London and against the background of the Covid-19 pandemic he felt inspired to experiment with his situation by inviting students and therapists of Gestalt from around the world to join him in a 24 hour marathon group experiment. As the day dawned on a Saturday in Yellow Springs, Ohio, USA the morning was giving way to afternoon in London England, it was siesta time in Greece and the evening was wrapping up in Brisbane, Australia. The marathon group experiment had begun. Gestalt Therapy is known for the inclusion an experiential experience as a way of being able to deep our awareness of self and get close to all parts that make us whole all within a safe environment. This experience was no different, the apex of a Gestalt group experience.

My own experience of participating in the marathon zoom was one of unexpected delight. I signed up on a whim, in a moment of feeling confident and brave. I graduated my Master of Gestalt Therapy last year through Gestalt Therapy Brisbane and when I saw the post advertising the New Gestalt Voices’ invite to the marathon zoom I was immediately intrigued. I felt excited to be out in the real gestalt community as a beginner therapist and thought this would be a fantastic opportunity to meet other therapists. On the night, I felt nervous and apprehensive about joining up with strangers from around the world, usually preferring one on one connection or small groups at the very least. And yet, I clicked to join the meeting and it was immediately evident that I had entered territory that was so incredibly familiar and comforting. The apprehension quickly dissolved as I was met with what I now lovingly refer to as the Gestalt look. Five faces, all lit up with curiosity for someone new joining the zoom group. The Gestalt look to me displays an upturn eyebrow of intrigue and openness, a smile so warm it could thaw an ice cube and the slightest tilt of the head displaying an attentive interest in the person sat before them. The Gestalt look draws me in and suddenly I’ve fallen down the rabbit hole, ready for the adventure that belies me.

And it truly was magic, sitting there in my living room hearing others share their inner most thoughts, engaging with concepts familiar to my own life and exploring emotions as they bubble to the surface. I noticed we challenged each other in a kind and gentle manner, each with a



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knowing that we were safe, amongst like minded folk. The language maintained a strong connection amongst strangers, words like contact, diversity, experiential and emergent experience flowed back and forth. Covid-19 was a present theme and everyone shared their experience in their own country and it was fascinating hearing first hand what people on the other side of the world were noticing and experiencing. This deepened my care for each participant of energy reached a crescendo with everyone eagerly sharing then the gentle freefall into reflective silence as we all sat in silent resonance. We all felt the magic, and it was magic, simply and deeply. How could it be that several strangers from all different walks of life and far flung corners of the earth be able to come together and drop deeply into conversations that some of us can't even have with our loved ones and yet here we were experiencing profound connections. It was Gestalt, in all its purity, simplicity and complexity.

Some of the participants shared feedback of their time in the zoom marathon. Bernie expressed that she was “moved by the quality and depth of contact that as a group we were able to create, in multiple ways and configurations over only 24 hours”. Gareth found the experiment was an” intriguing, intimate and welcoming event. Its non structured set up allowed for an emergent experience, which turned out to be a fascinating journey of contact. There was laughter, tears, yawns, and some extremely interesting and honest conversations, which really broadened my awareness” and Karolina shared that she “felt moved and connected almost immediately. Such a depth of spontaneity of connection, it was an experience one of a kind”.

Our experience was incredibly positive and we've chosen to make a few tweaks to the process and currently preparing to hold another 24 hour marathon group experiment in July 2020. So please feel welcome to search on Facebook for New Gestalt Voices and like the page. Details of the July marathon will be posted there and we very much look forward to welcoming you.

PROFESSIONAL DEVELOPMENT

New Gestalt Voices presents: Gestalt Stories and perspectives: life now and after COVID 19

Date: Saturday 13th June 2020 12pm-2.30pm BST

This interactive event explores themes of: What has the period of lockdown been like for you? How are you different? How is the world different? What does this mean for gestalt?

Click [here](#) for tickets and further details.

Ruella Frank webinar: Moving into presence online: a somatic developmental approach

Presenter: Ruella Frank

Date: Friday 26th June 2pm-3.15pm EDT (webinar will be recorded for those unable to access this time zone)

Details: a 75 minute interactive webinar

Registration: ruellafrank@gmail.com



Click [here](#) for further details.

The capacity for presence is always already part of human experience and unfolds within the relational situation. It is our capacity to fluidly respond, giving and receiving, in order to gain something new from the environment. This 75-minute interactive webinar will illuminate the moving-feeling foundation required for developing presence as it emerges or is thwarted within both the baby-parent and patient-therapist dyad. Therapists learn how to enhance the potentiality for developing



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presence in themselves and their patients and, in doing so, to clear the obstacles that prevent us from finding each other. Special attention is given to the online therapy situation.

Webinars: Manchester Gestalt Centre

Webinar: Age and Agesim in the therapy room

Presenter: Allesandra Merrizi

Date: 30th May 2020, 4-6.30pm UK GMT+1 (webinar will be recorded for those unable to access this time zone)

This webinar offers a space to explore the stereotypes and myths of ageing, understanding how ageing stereotypes become part of our belief system and affect our relationships.

Click [here](#) to register.

Webinar: The Tyranny of feelings

Presenter: Peter Philippon

Recording available for 10 Pounds UK. Click [here](#) to access and for more details.

What is the meaning of emotion in therapy? When is it important to focus on 'feelings' and when is it counterproductive? This in many ways seems like a ridiculous question, since 'feelings' are often taken as the central point of who we are and what we show in therapy. In this webinar, I want to question the assumption that emotion is necessarily central to therapy, and look at the meaningful place for emotion in both therapist and client.

Gestalt Centre presents:

*All Workshops and Seminars can be paid for by calling Gestalt Centre office on 03 9489 6300

Gestalt Project Seminar: Pondering Grief

Presenter: Linda Espie

Date: 10th June 6.00-8.00pm (Online)

Fee: \$15

This seminar will provide counsellors with the space to explore loss, grief, change, and transition within their own experience and with those they work with. Through small and large



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group discussions you will be invited to consider the interface between the personal and the professional dimensions of grief. Linda Espie is a gestalt psychotherapist, counsellor, educator, and author with over 35 years of experience in the field.

Suicide: An Endless paradox

Presenters: Penny Schleiger and Cameron Gilbey (Online)

Date: July 29th 6pm-8pm

Fee: \$15

An online seminar exploring some of the unbridled discomfort that emerges from the experience of suicide. Our aim is to cultivate discussion and curiosity around some of the taboos of the topic. In doing so, our intention is to disarm some of the resistance, pain and grief, inherent in the many ripples of suicide. From a gestalt lens, we will be promoting self-support and using both personal and professional narratives.

An Introduction to Relational Gestalt Therapy

Presenter: Tony Jackson

Date: 18th July Time 10.00-1.00pm (Online)

Fee: \$40

Gestalt therapy draws on rich philosophical traditions that continue to inspire and inform gestalt practice. These ideas support us to explore life as it is experienced and to move away from frameworks, diagnosis and characterisations that often bring blame and shame to the human condition. During this brief introductory seminar participants will explore some of the roots of gestalt theory and how these continue to inform dynamic ways to consider human existence (including suffering) and a support vitality and health. This workshop is for anyone interested in an overview of gestalt theory and would particularly suit those who have an interest in learning more about this approach.

ConnectGround Professional Extension Seminar: Understanding & Working with Anxiety

Presenter: Noel Haarbarger

Date: August 18th 9.30-5.00pm

Fee: \$160 (Current ConnectGround Interns free)



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This one-day workshop will provide an overview of PTSD, Panic, generalized anxiety, Social Phobia and OCD and explore common underlying drivers of anxiety, shame dynamics, trauma, fixed meaning making and identities, and unresolved attachment issues. Noel will also explore how to help clients reframe and de-pathologize their relationship to anxiety and provide a 5-step model to help clients learn to regulate, accept and then resolve anxiety symptoms. For more information see [here](#).

ConnectGround Professional Extension Seminar: Responding to Disclosures of Sexual Assault through a Trauma Lens

Presenter: Northern Centre Against Sexual Assault

Date: 27th October Time 9.00-1.00pm

Fee: \$90 (Current ConnectGround Interns free)

This professional development workshop will explore using a trauma lens to understand and work with the impact of sexual assault, working with flashbacks and triggers and legal processes available to clients. For more information see [here](#).

Gestalt Project Seminar: Culture and Gestalt

Presenters: Nicole Van Os & Sean Renehan

Date: 29th October Time 6.00-8.00pm

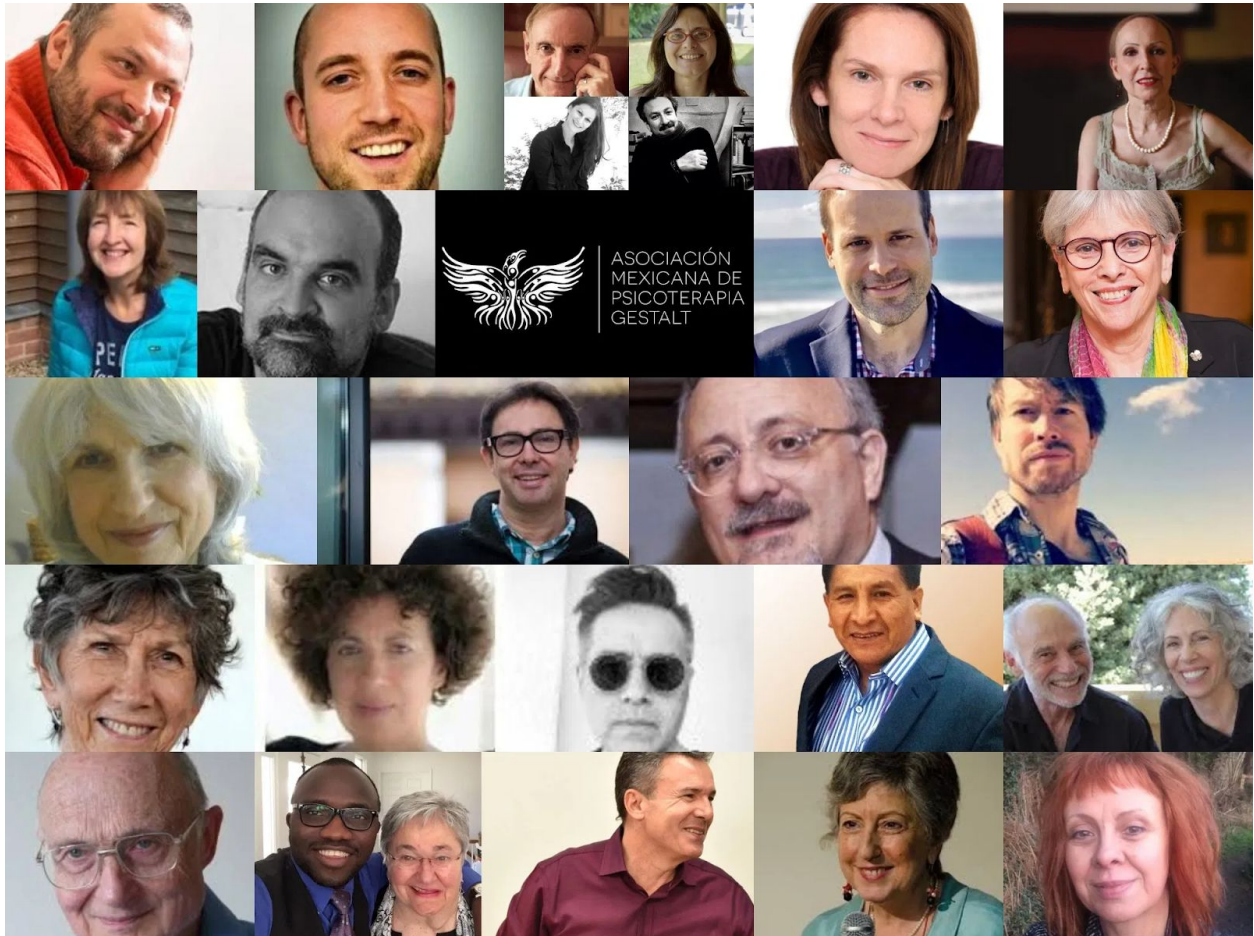
Fee: \$15

Join us for a reflective conversation about how our own cultural background shape and influence each of us. We will draw upon the experiences of those in the room to examine the strengths and weaknesses of the gestalt approach for supporting a culturally aware and inclusive psychotherapy practice.

The Mexican Association of Gestalt Therapy

Habitat 2020 Virtual online conference was held in February 2020.

Full conference videos are available for \$10 US each or \$50 US for the entire conference - there is a wide and wondrous array of presentations available [here](#).



Instituto di Gestalt H.C.C. Italy presents Dialogues on Psychotherapy at the time of Coronavirus

Dialogues on Psychotherapy at the Time of Coronavirus



INTERNATIONAL WEBINAR

May 15-16, 2020

This webinar held in May offered talks from Dan Bloom, Ruella Frank, Eva Gold, Lynne Jacobs, Miriam Taylor, Margherita Spagnuolo Lobb, Gordon Wheeler, Steve Zahm, Carmen Vázquez Bandín, Giuseppe Sampognaro, Antonio Narzisi, Pietro Andrea Cavaleri and Bernd Bocian.

Recordings can be purchased [here](#).

A full calendar of Gestalt related training and events is available at <https://www.ganz.org.au/events/>



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Disclaimer: Sharing of information relating to Gestalt Therapy is offered to GANZ members as a service for members, and does not imply endorsement of the information by GANZ.

We would welcome personal reflections on professional development workshops, webinars, books, trainings or conferences.

How to submit a training event

GANZ offers members the opportunity to advertise their own workshops and events on the GANZ website, Facebook, and through the GANZ Newsletter. Advertising is free to members. If you would like to apply for a workshop or event to be advertised through GANZ, please submit the details at <https://www.ganz.org.au/events/community/add> or via the Training and Events menu.

Once GANZ approves the application, a calendar event, blog post and Facebook post will be created. Each month, new training events will also be listed in the newsletter to members. Some things to note:

- Flyers can be uploaded if they are image files e.g. jpg or png, but not pdf files. Windows users can convert pdf files to jpg through the “windows snipping tool”, and Mac users can use the “FileExport As” menu.
- It is not necessary to log in to your GANZ membership account to submit events, but if you do login before submitting an event you will gain the ability to edit previously submitted events and won't have to do the somewhat annoying “I am not a robot” procedure when submitting events.

If you need any help, please contact ganz.membership@gmail.com