

## **GANZ PURPOSE**

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As GANZ looks to the future, we seek to nurture, protect and grow Gestalt in Australia and Aotearoa/New Zealand.

The purpose of our organisation is to serve by structuring opportunities for our members to connect with each other as humans and professionals, to connect with experiences/experiments that welcome emergence, and to connect with our contemporary models and new psycho-pathologies and communities suffering.

To serve the community of humans, therapists, coaches, trainees, trainers, supervisors and community leaders using Gestalt practices, principles and philosophy to enable personal growth, personal therapy, community growth/healing/development and organisational development.

To further the use, recognition, efficacy and validity of Gestalt practices principles and philosophy through structured events for connection to; each others vitality interests skills, national and global skill knowledge and experience, contemporary theoretical applications and information, emergent experiences, vitality, and growth.

To support our organisations and individuals growth towards anti-racist radical inclusiveness in our community that acknowledges the privilege blindness in areas of race, ethnicity, wealth, education, gender, gender identification, orientation and all areas where power is inequitably presumed and acted upon.

To serve the goal of having Gestalt recognised validated and appreciated in the wider fields of counselling psychotherapy and social intervention.

The Vision of GANZ is to structure events and happenings that increase and support the current visibility integrity and vitality of Gestalt Practice, Principles and philosophy in Australia and New Zealand.

To serve this function with our time and monies through ways including but not limited to these platforms:

- GANZ Journal,
- Newsletter,
- Facebook page,
- National and International Peer Groups,
- National and International professional development,
- Specific Interest Groups and Projects in areas such as personal growth, personal therapy, group therapy, community development and organisational development,
- Conferences,
- Faculty gatherings of the four training institutes,
- Community development and reflective experiences,
- National and International Group Supervision,
- Reparation scholarships to address the lack of representation by diverse members of our wider community,
- National Research projects and publications

The intention is to serve our members through this vision and purposeful platforms. To provide:

### **1. Support Gestalt Training Institutes**

In these uncertain times GANZ is wishing to back our training institutes, and the educators who share the gift of Gestalt.

Ways for GANZ to do this are to provide financial support for faculty staff to meet and to market and promote Gestalt therapy more broadly, beyond the established Gestalt Community

Council is also exploring ways to support students in their studies. Possible ways of support could be offering scholarship assistance and/or student mentoring.

### **2. Support inclusion and diversity**

Seeking to better represent our communities in terms of diversity and inclusiveness. Within this representation we are wanting to find to support those who may have barriers to studying and practicing Gestalt.

The psychotherapy field is/has been very middle class, pakēha/caucasian, and our council is much the same. We wish to have input and participation from marginalized peoples such as, though not limited to, aboriginal/first Australians, NZ Māori, Pacifica peoples, refugee communities, other ethnic and cultural groupings, the queer community, the disability community. The GANZ council wishes to encourage diverse peoples to share perspective and be a part of the planning and decision making processes. Through consultation we would like to explore the form that this should take. We hope this will be more than just words, and that GANZ and the council will be more diverse in the future.

### **3. Support a framework for Gestalt Research to thrive**

To find ways to support the researcher practitioner to contribute to the global work of having gestalt recognised and explicated for its unique factors and its common factors of efficacy in psychotherapy.

### **4. Support links with International Gestalt**

We have a strong intention to connect to the wider field of other Gestalt Therapists in all the many countries and cultures where it is practiced in order to bring vitality, connection, and sense of grappling with difficulties together.

### **5. PD intention statement**

We wish to provide affordable appropriate support to members to increase their skills and knowledge in areas that are needed; both online and in person where possible in such formats as Group Supervision, Workshops, Group Trainings and Webinars that address the difficulties of access that members may be experiencing through remoteness or other marginalised situations.

### **6. Consult with the community**

We will consult with the community for the development of this community