

GANZ NEWSLETTER

WELCOME TO 2023

Dear GANZ members, fellow Gestalt psychotherapy practitioners in Australia and New Zealand, We hope the new year has started well for you. In 2023 GANZ will continue providing professional development activities, both online and in-person. We will continue with the online monthly study group focusing on the exploration of the field theory papers. The Gestalt Peer online Inter-vision group will start again in March 2023, and Gestalt Student Meet and Greet is planned for May 2023. We have been organising a series of PD opportunities, and the first one will be a webinar on the subject of suicide in Gestalt psychotherapy. Details of these activities are provided below.

In this newsletter we also report on the GANZ AGM which took place in November 2022.

We are looking forward to working with you and hearing from you in the new year,

With best wishes, Michelle Sier, Karolina Kryszynska , Annie Garrety , Nathan, Dick and Tamara Evans

AGM REPORT

On Sunday 13 November 2022 we had a very successful AGM with 13 members present and 14 members submitting proxy presence.

The report from Michelle Sier, the current GANZ President, thanked our outgoing International Chair, Waltraud Reiner, for her energy and support. It reviewed the successes we have had in providing platforms of meaningful connection in alignment with our vision to support the visibility, integrity and vitality of Gestalt in Australia and New Zealand. These platforms included professional development opportunities, peer process groups, peer supervision groups, study groups and group supervision at low or no cost to members.

Two motions were passed at this meeting. The first was to forgo annual audits as they are no longer required by Access Canberra for incorporated bodies of our size. The second was a change to the constitution Clause 35: Council Members Expenses. This clause now reads "There shall be no reimbursement to council members for attending the Biennial Conference". The words "any General Meeting" have been deleted from the original wording to allow GANZ Council members to meet in person each year and claim the costs.

Membership increased by close to %100.

Tony Jackson from Gestalt Therapy Australia provided one hour of interactive professional development (accredited for CPD points) at the meeting, on the subject of hope in therapy.

Don't forget to look at the updated GANZ website
<https://www.ganz.org.au/>

PROVIDING PLATFORMS TO GATHER AND NORISH EACH OTHER

PROFESSIONAL DEVELOPMENT

PEER SUPERVISION

Annual General Meeting

Keep in touch via Facebook
 (<https://www.facebook.com/ganzcommunity>) and Twitter
 @ganzcommunity

GANZ PD 2023

- April 4th Karolina Krysinska PhD will present an online webinar titled “On the subject of suicide in Gestalt psychotherapy”.

Date: Tuesday 4th April 2023

Time: 6-8pm EST

Cost: GANZ Members: FREE. Non-GANZ Members: \$65

[link: <https://www.ganz.org.au/event/on-the-subject-of-suicide-in-gestalt-psychotherapy>]

Please click on the get your tickets “here” to be taken to the cart. The cost of \$65 will show as \$0 at the checkout if you are logged in as a member.

- April 22nd Margarete Koenning will present an in person workshop titled “Trauma healing and ancestral work: somatic and field theory considerations.

Date Saturday April 22nd

Time 9:30am - 4:30 pm AEST

Location Gestalt Therapy Brisbane, 433 Montague Rd West End.

Registrations have not opened yet for this event.

Events and trainings coming up :

May: Gestalt Student Meet and Greet. Online gathering of students from gestalt training institutes.

Sean Tonnet on the topic of Couples and Family counselling

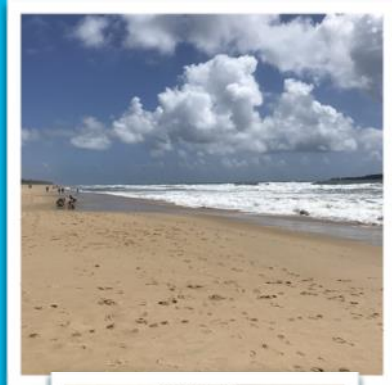
Shelley Barlow on phenomenology and chronic pain

eden Brown on “QTBIPoC Becoming, Belonging, Co-Liberation & wellness: A Gestalt Decolonial-Queer Aesthetics of Care”

Saturday 22nd July & Sunday 23rd July online workshop.

Keep an eye on our Facebook page for more upcoming PD!

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Gestalt in
Australia and
New Zealand*



Professional
Development ON
THE SUBJECT OF
SUICIDE IN
GESTALT
THERAPY

GANZ Study Group 2023

We will continue our exploration of the field theory papers that we began last year. The group will be co-facilitated by Annie Garrety and Karolina Krysinska. Please contact Annie Garrety on garretya@gmail.com for further information.

The dates for Study group this year will be 21 February, 21 March, 18 April, 16 May, and 20 June. The time will be 6:00-7:30 pm AEST. Note daylight savings in NSW and Vic results in this being 7:00pm- 8:30 pm local time for February and March.

The next three papers are "Pain and Beauty" Francesetti 2012, "The three perspectives diagnostic model" Jan Roubal and "From Individual Symptoms to pathological fields"

Gestalt Peer Inter-vision group

In these peer groups we will look at cases through the lens of contemporary relational field oriented gestalt therapy. This year they will be held online on the second Wednesday of each month at 6:15pm AEST Brisbane time for 90 mins.

Please, note that attendance can be at all or any. There is \$10 per session fee for GANZ members and \$50 fee per session for all non members of GANZ.

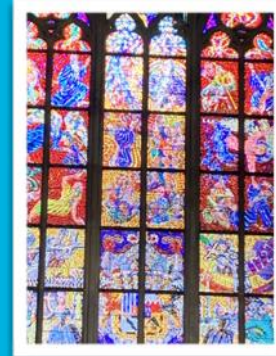
Annie Garrety and Tamara Evans will co-host. Please contact Annie Garrety on garretya@gmail.com for further information. Registrations can be accessed on the website under the new tab trainings/ Peer Supervision. Group size will be 10-12 participants.

The dates for 2023 are March 8, April 13, May 10, June 14, July 12. August 9, September 13, and October 11.

Gestalt Student Meet and Greet

GANZ will be hosting a free online meet and greet event for Gestalt students across Australia and New Zealand. This event is a chance for students to come together, connect, share stories, resources, supports and challenges. It is a great opportunity to meet your fellow students and to build connections. You'll also hear about the exciting professional development opportunities coming up for GANZ members this year. Saturday 6th May,

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Study Group 2023 continues to look at the field theory papers from the Turin School of Phenomenology and Gestalt Psychopathology